COMMON COURSE OUTLINE: Course discipline/number/title: CAOR 1103: Career Exploration Seminar

A. CATALOG DESCRIPTION
1. Credits: 1
2. Hours/Week: 1
3. Prerequisites (Course discipline/number): College level reading and writing skills or consent of instructor.
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course is designed to assist students in setting educational and occupational goals through assessments of interests, values, skills, and preferences; learning about the world of work; and learning to use career resources.

B. DATE LAST REVISED (Month, year): January, 2012

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Assessment of interests
2. Assessment of personality preferences as they relate to career and the work place
3. Assessment of personal values as they relate to the work place and career choice
4. Assessment of skills as they apply to career exploration
5. Learning to access career and educational oriented information on the internet
6. Current trends in the world of work
7. Educational and skill requirements as they relate to career choice
8. Financial trends as they apply to career choice
9. Making career related decisions; formulating career goals; making plans to move towards career goals
10. Understand the resources available through the Career Resource Center

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Identify personal interest patterns.
2. Identify personality preferences and how they relate to career choice.
3. Assess personal values as they relate to career choice.
4. Assess personal skills as they apply to career choice.
5. Access career and educational oriented information from at least two internet applications/resources.
6. Research at least two career options and for each career option, identify:
   a) career employment requirements (education, skills, and prior experience)
   b) current employment opportunities and trends
   c) career financial opportunities and trends
7. Make career related decisions; formulate career goals and develop plans to move towards career goals.
8. Leverage resources available through the Career Resource Center.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Participation in assessments
2. Discussions and activities
3. Demonstration of skills and competency as measured by completed assignments

G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): Special fee for assessments (i.e. the Myers-Briggs Type Indicator)