COMMON COURSE OUTLINE: Course discipline/number/title: CYFS 1210: Child Growth and Youth Development

A. CATALOG DESCRIPTION
   1. Credits: 3
   2. Hours/Week: 2 lecture, 1 lab
   3. Prerequisites (Course discipline/number): ENGL 0960 and READ 0900
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This introductory course examines the major developmental milestones for children from conception through adolescence. There will be an emphasis on brain development, adult-child relationships, the importance of the early years, executive function, role of family in facilitating children’s development, and how culture and social contexts affect development. Students will develop the knowledge, skills, and dispositions needed to recognize areas of development and developmental patterns, and explain developmental concepts to others.

B. DATE LAST REVISED (Month, year): November, 2015

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. The Developmental Process
   2. Major theories and theoretical frameworks
   3. Heredity and genetics
   4. Conception and prenatal development
   5. Birth and the newborn
   6. Infancy to Three
   7. Preschool Years
   8. School Age Child
   9. Adolescence
   10. Brain Development

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Examine and discuss the major theories of child and youth development and their implications for practice.
   2. Demonstrate knowledge of the physical, social, emotional, language, cognitive, and creative development of children and youth at each major stage.
   3. Describe how children and youth differ within the physical, social, emotional, moral, cognitive, and creative developmental domains.
   4. Identify levels of readiness in learning and understand how development in any one domain may affect performance in other domains.
   5. Examine and discuss the key concepts of brain development.
   6. Examine and discuss the concepts of belonging and family connections as crucial to development.
   7. Examine and discuss the role and influence of culture and linguistic contexts on development.
   8. Examine and discuss the impact of multiple influences on development such as: risk, stress, resilience, health, disabilities, poverty, opportunities to play and communities.
   9. Review the effect of screen time, screen time recommendations, and a healthy media diet for young children in the classroom and at home.

E. LEARNING OUTCOMES (MNTC): None

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   1. Written exams
   2. Instructor observation of student’s observing/recording/assessing skills
   3. Evaluation of written observation/interpretations
   4. Evaluation of other written assignments, including case studies
G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): None