COMMON COURSE OUTLINE: Course discipline/number/title: EQSC 1124: Dressage Concepts

A. CATALOG DESCRIPTION
   1. Credits: 3
   2. Hours/Week: 3
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

This non-riding course introduces the student to the basic concepts of dressage theory and performance. The student will learn about training, competition, scoring, and movements involved in riding and showing the dressage horse. Equitation, tack, equipment, and the arena are also covered in this course. This course prepares students to appreciate and understand dressage as a training system and discipline.

B. DATE LAST REVISED (Month, year): March, 2011

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. History of the discipline
   2. Levels of dressage competition
   3. Training pyramid
   4. Movements and figures
   5. Training and conditioning of the horse
   6. Tack and equipment (+ training aids)
   7. Arena: letters, dimensions, footing
   8. Test scoring and rules
   9. Dressage equitation and correct use of aids
   10. Current and/or controversial issues in the dressage world

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Explain the training pyramid and the concepts within it.
   2. Use terminology appropriately when talking and writing about dressage as a discipline.
   3. Identify test levels, movements and figures required in each level.
   4. Explain training and conditioning theories for dressage.
   5. Identify tack and equipment used in the discipline and when it is appropriate.
   6. Diagram the dressage arena.
   7. Understand how a dressage test is scored.
   8. Do basic assessment of dressage tests.
   9. Understand correct dressage equitation and use of natural and artificial aids.
   10. Be aware of current and/or controversial issues in the dressage world.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   1. Reports
   2. Quizzes
   3. Tests
   4. Discussion
   5. Projects
   6. Question & Answer sessions
   7. Fieldtrips and/or service learning
   8. Presentations
   9. Essays and written assignments
G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any):
This course may require fieldtrips and/or service learning. Students are responsible for their own transportation and/or any related expenses.