



COMMON COURSE OUTLINE: Course discipline/number/title: FYEX 1000: College Success Strategies

A. CATALOG DESCRIPTION

1. Credits: 1
2. Hours/Week: 1 class hour/week/semester or 2 hour/week/half semester
3. Prerequisites (Course discipline/number): None
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course introduces proven strategies and applications to help students create greater success in college and life. Provides an active environment for students to identify and engage choices that promote responsibility, motivation, interdependence, self-awareness, and persistence for academic and career decision-making. Students will also explore and use campus resources and services.

B. DATE LAST REVISED (Month, year): October, 2011

C. OUTLINE OF MAJOR CONTENT AREAS:

1. Defining Success
2. Creating Deeper Learning
3. The Choices and Qualities of Successful Students
 - a) Accepting personal responsibility
 - b) Discovering self-motivation
 - c) Mastering self-management
 - d) Employing Interdependence
 - e) Gaining self-awareness
 - f) Adopting lifelong learning
 - g) Developing emotional intelligence
 - h) Belief in oneself
4. Involvement in campus resources and events

D. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Choose self-responsibility through wise actions and words.
2. Identify personal and professional goals, dreams, and inner motivations.
3. Employ actions that are purposeful and lead to success.
4. Develop a support network.
5. Identify limiting thoughts, emotions, and behaviors.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:

1. Journals, writing assignments, and/or other creative assignments
2. Participation in active learning classroom exercises
3. Participation in activities outside the classroom

G. RCTC CORE OUTCOME(S) ADDRESSED:

- | | |
|-------------------------------------------------------|--------------------------------------------------------------------------|
| <input type="checkbox"/> Communication | <input type="checkbox"/> Civic Responsibility |
| <input checked="" type="checkbox"/> Critical Thinking | <input checked="" type="checkbox"/> Personal/Professional Accountability |
| <input type="checkbox"/> Global Awareness/Diversity | <input type="checkbox"/> Aesthetic Response |

H. SPECIAL INFORMATION (if any): None