COMMON COURSE OUTLINE: Course discipline/number/title: HLTH 1114: Responding to Emergencies

A. CATALOG DESCRIPTION
   1. Credits: 3
   2. Hours/Week: 3
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

This course is designed to prepare students to respond appropriately and with confidence in emergency situations until more advanced help arrives. Instruction will include discussion, lecture, demonstration, video scenarios and practice. The course includes certifications in Community CPR (Adult, Infant and Child) and Responding To Emergencies for those who successfully complete the course. Also included are situations involving sudden illness, severe bleeding, delayed help situations and healthy lifestyle practices.

B. DATE LAST REVISED (Month, year): February, 1997

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Introduction
      a) Recognizing Emergencies
      b) Taking Action
   2. Assessment
      a) Body Systems
      b) Checking the victim
   3. Life Threatening Emergencies
      a) Breathing emergencies
      b) Cardiac emergencies
      c) Bleeding
      d) Shock
   4. Injuries
      a) Soft Tissue Injuries
      b) Musculoskeletal injuries
      c) Injuries to the extremities
      d) Injuries to the head, neck and back
      e) Injuries to the chest, abdomen and pelvis
   5. Medical emergencies
      a) Sudden Illnesses
      b) Poisoning
      c) Bites and Stings
      d) Substance Misuse and abuse
      e) Heat and cold exposure
   6. Special situations
      a) Reaching and Moving victims
      b) People with special needs
      c) Childbirth (If time permits – optional)
      d) When help is delayed
   7. Healthy Lifestyles
      a) A safer an healthier life

D. LEARNING OUTCOMES (GENERAL): The student will:
   1. Earn certifications:
      a) Community CPR (Adult, Child, Infant)
      b) Responding to Emergencies
   2. Handle emergency situations with confidence and appropriate care
   3. Understand Body Systems and their relationships to injury
   4. Master the emergency action steps in all emergency situations
D. **LEARNING OUTCOMES (GENERAL): Continued.** The student will:

5. Master of the knowledge and care included in all major content areas listed below:
   a) Life Threatening Emergencies
      i. Breathing emergencies
      ii. Cardiac emergencies
      iii. Bleeding
      iv. Shock
   b) Injuries
      i. Soft Tissue Injuries
      ii. Musculoskeletal injuries
      iii. Injuries to the extremities
      iv. Injuries to the head, neck and back
      v. Injuries to the chest, abdomen and pelvis
   c) Medical emergencies
      i. Sudden Illnesses
      ii. Poisoning
      iii. Bites and Stings
      iv. Substance Misuse and abuse
      v. Heat and cold exposure
   d) Special situations
      i. Reaching and Moving victims
      ii. People with special needs
      iii. Childbirth (IF time permits – optional)
      iv. When help is delayed
   e) Healthy Lifestyles
      i. A safer and healthier life

E. **LEARNING OUTCOMES (MNCT):** NA

F. **METHODS FOR EVALUATION OF STUDENT LEARNING:**

1. Objective tests
2. Practical (skill) evaluations
3. Written responses
4. Group discussions/exercises
5. Scenario evaluations
6. Class participation
7. Debate
8. Writing assignments
9. Position papers
10. Oral exams

G. **SPECIAL INFORMATION (if any):** None