COMMON COURSE OUTLINE: Course discipline/number/title: HS 1530: Health Issues

A. CATALOG DESCRIPTION
1. Credits: 2
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course presents basic information about nutrition and chronic disease conditions, prevention, causes and treatments. Exploration of attitudes toward persons with conditions will be emphasized.

B. DATE LAST REVISED (Month, year): September, 1998

C. OUTLINE OF MAJOR CONTENT AREAS:
A. Disease Conditions
   1. Identify body systems
   2. Describe disease physiology
   3. Explain chronic illness attitudes
   4. Describe common skin conditions/treatment
   5. Describe musculo/skeletal conditions/treatment
   6. Describe seizure disorders/treatment
   7. Describe traumatic injuries (spinal cord, TBI)
   8. Describe male/female reproductive disorders/treatment
   9. Discuss sexuality and the handicapped
  10. Describe acute/chronic brain disorders
  11. Describe central nervous system disorders/treatment
  12. Describe chronic circulatory conditions/treatment
  13. Describe gastrointestinal conditions/treatment
  14. Describe respiratory conditions/treatment
  15. Describe genitourinary conditions/treatment
  16. Describe endocrine conditions/treatment
  17. Describe sexually transmitted diseases/treatment
  18. Describe seven warning signs of cancer
  19. Describe common cancers and treatment options
  20. Describe psychological support
  21. Identify community resources
  22. Identify financial resources

D. LEARNING OUTCOMES (GENERAL): The student will:
Explore attitudes toward chronic illnesses, identify basic anatomy and physiology of body systems, describe common chronic disease condition of each body system, identify essential nutrients and describe general principles of nutrition using the food pyramid.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
Students are required to maintain a minimum grade point average of C. Points from assignments and tests will be translated to percentages, which will be translated to letter grades as follows:

- A = 94 - 100
- B = 87 - 93
- C = 80 - 86
- D = 75 - 79
- F = below 75

G. SPECIAL INFORMATION (if any):
The class meets for 32 hours per semester. A class schedule will be provided by the instructor on the first day of class.