COMMON COURSE OUTLINE: Course discipline/number/title: HS 1532: Therapeutic Techniques

A. CATALOG DESCRIPTION
   1. Credits: 2
   2. Hours/Week: 2
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This course involves the identification of specific therapeutic techniques for clients with a variety of disabilities. Emphasis is placed on the development of observation, reporting and recording skills, as well as identifying and modifying behaviors and/or teaching new behaviors. Students will become familiar with human service resources available in the community. Students will also have the opportunity for Non-Violent Crisis Intervention certification.

B. DATE LAST REVISED (Month, year): August, 2004

C. OUTLINE OF MAJOR CONTENT AREAS:
   Major content areas are:
   1. To introduce the student to multidisciplinary approaches designed to meet client needs, such as physical therapy, occupational therapy, music therapy, recreational therapy, pet therapy, other adjunct therapies
   2. Development of observation skills and implementation of documentation methods used in a variety of community human service agencies
   3. Identify approaches to increase desirable behavior and decrease undesirable behaviors
   4. Learn to manage behaviors using various categories of reinforcement
   5. Understand techniques effective in approaching and reducing tension in an agitated person
   6. Describe “personal safety rules”
   7. Integration of one’s notion of “service” with his/her preferred intervention technique.

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Identify community services.
   2. Develop community services file.
   3. Utilize observation skills.
   4. Describe legal recording aspects.
   5. Identify recording methods.
   6. Describe observational techniques.
   7. Demonstrate written skills.
   8. Demonstrate recording methods.
   9. Identify multidisciplinary team.
   10. Describe diversional activities.
   11. Describe physical/occupational therapy.
   12. Describe music/recreational therapy.
   13. Describe adjunct therapies.
   15. Describe remotivation therapy.
   16. Perform volunteer project.
   17. Identify aggression causing factors.
   18. Describe therapeutic non-violent crisis intervention/containment.
   19. Perform intervention restraint techniques.
   20. Describe behavior management.
   22. Identify target populations requiring intervention.
   23. Identify target behavior/pinpointing.
D. LEARNING OUTCOMES (GENERAL): Continued. . . The student will be able to:
   25. Contrast categories of reinforcement (positive/negative).
   26. Describe modeling, prompting, shaping, and fading.
   27. Identify methods of controlling/maintaining behavioral change.
   28. Establish a behavior modification program.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:

   Evaluation methods used are written assignments, tests, human services project, and an oral presentation. Students are required to maintain a minimum grade point average of C. Points from assignments and tests will be translated to percentages, which will be translated to letter grades as follows:

   - A = 94 – 100
   - B = 87 – 93
   - C = 80 – 86
   - D = 75 – 79
   - F = below 75

G. SPECIAL INFORMATION (if any):

   Each student is expected to spend at least two hours study time for each one hour of lecture per week in preparation for class. Students are expected to complete the reading and writing assignments on time. Attendance is crucial in this class. Mandatory attendance is required for the portion of the course in which the Non-Violent Crisis Intervention content is taught in order for the student to receive certification. The entire attendance policy will be handed out the first day of class.

   This course meets for 48 hours a semester. A schedule will be provided by the instructor on the first day of class.