A. CATALOG DESCRIPTION
1. Credits: 2
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course explores the major and minor mental health disorders and treatment strategies. The classification system and causation theories of mental health disorders will be compared. Legal issues, crisis intervention skills, and current treatment approaches will also be studied. This course provides students with practical knowledge and skills necessary to therapeutically relate to the emotionally ill/disturbed person in any setting.

B. DATE LAST REVISED (Month, year): November, 2003

C. OUTLINE OF MAJOR CONTENT AREAS:
The focus of this course is to provide students with the knowledge, skills, and attitudes necessary to effectively work with persons experiencing mental health issues.

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Compare normal/abnormal behavior.
2. Describe concept of stigma.
3. Identify community resources/workers.
4. Describe historical approaches.
5. Compare mental disorders causation theories.
6. Describe mental disorder classification system.
7. Describe dysfunctional symptomatology.
9. Describe psychosomatic therapies.
10. Describe mood disorders and treatment approaches.
11. Describe schizophrenia and treatment approaches.
12. Distinguish anxiety disorders and treatment modalities.
14. Describe somatoform disorders and treatment formats.
15. Describe personality disorders and treatment options.
16. Describe psychosexual disorders.
17. Describe suicidal behavior.
18. Identify crisis intervention methods.
19. Describe impulse control disorders and treatment approaches.
20. Describe eating disorders and treatment approaches.
22. Describe community re-entry issues.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
Students are required to maintain a minimum grade point average of C. Points from assignments and tests will be translated to percentages which will be translated to letter grades as follows:
A = 94 - 100
B = 87 - 93
C = 80 - 86
D = 75 - 79
F = below 75
G. SPECIAL INFORMATION (if any):

STUDENT CONTRIBUTIONS
Each student is expected to spend approximately 2-hour study time for each hour of lecture on preparation for class. The student is expected to actively participate in class discussions, complete reading assignments and written assignments, quizzes, special projects, video assignments and objective examinations.

Academic Integrity: Students are expected to maintain academic integrity at all times. Any breech of academic integrity will be grounds for discipline.

Attendance is crucial in this class. Each absence or tardy is to be phoned in to the instructor prior to class time (280-3163). The attendance policy will be given to each student and explained by the instructor during the first class session.

The class meets for 32 hours per semester. A class schedule will be provided by the instructor on the first day of the course.