COMMON COURSE OUTLINE: Course discipline/number/title: HS 1710: Foundations of Alcohol and Drug Counseling

A. CATALOG DESCRIPTION
1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): ENGL 1117
4. MnTC Goals (if any): None

This course provides an introduction to alcohol and drug counseling by exploring the physical, psychological, and social aspects of alcohol/drug abuse/addiction. This course also covers all essential MN LADC core competencies. Finally, this course will discuss background studies, practicum placements and their requirements.

B. DATE LAST REVISED (Month, year): November, 2015

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Trans-disciplinary foundations of alcohol and drug counseling
2. Theories of addiction
3. Continuum of care
4. Process of change
5. Pharmacological aspects of addiction
6. Ethical, legal and multicultural aspects of addiction
7. Co-occurring disorders and their relationship to addictions
8. Chemical dependency and mental health screening and assessments
9. Client intake and orientation process / standards
10. Treatment planning, interpersonal counseling skills, and case management
11. Crisis intervention and client education
12. Referral, record keeping (documentation), and consultation
13. Licensing and testing laws and requirements
14. Practicum role, standards and requirements
15. Background study/check

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Recognize and apply core trans-disciplinary foundational chemical dependency concepts in relation to counselor role / responsibilities, theory, and continuum of care.
2. Identify how physical, psychological, cultural, and social aspects of addiction influence case formulation.
3. Interpret how human development, culture, age, and gender issues integrate with accurate diagnosis, assessment, and treatment planning.
4. Evaluate pharmacokinetic and pharmacodynamics aspects of addiction for commonly abused drugs.
5. Examine supervision, consultation, ethical, and legal concepts, and decisional making models by applying them to state and federal laws, regulations, rules, guidelines, and standards.
6. Understand DSM diagnostic similarities and differences amongst common co-occurring disorders in relation to symptoms, features, specifier(s), prevalence, features/markers, classifications, coding, course, and co-morbidity.
7. Recognize the influence of protective/ risk factors on the wellbeing of self, family, community and others.
8. Explore and evaluate common chemical dependency and mental health screening & assessment tools through investigation and practice.
9. Describe chemical dependency and mental health intake and orientation process and standards.
10. Outline or practice case formulation, case management, service coordination (referral), educational strategies, and treatment planning.
11. Distinguish similarities and differences in individual, group, and crisis counseling skills, interventions / techniques and theory through demonstration, labeling, and or explanation.
12. Review addiction counselor state and federal licensing and testing rules, regulations, guidelines, laws, and standards.
13. Identify, research, and evaluate potential internship and practicum sites.
14. Discuss internship rules, standards, and requirements.
15. Illustrate successful job and internship interviewing strategies.
16. Complete background study / check to solidify practicum eligibility.
17. Recognizes appeals process for failed background check by initiating appeal or set aside.
E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
Can include any of the following:
1. Research or reflection papers
2. Quizzes
3. Group activities
4. Objective examinations
5. Interpersonal counseling interviews
6. Presentations
7. Case studies
8. Resource projects

G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): None