COMMON COURSE OUTLINE: Course discipline/number/title: HS 1720: Co-Occurring Disorders

A. CATALOG DESCRIPTION
1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): ENGL 1117
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course provides a basic understanding of the major mental health disorders across the life span and how these disorders impact self, community, and others. Additionally, this course will specifically discuss the co-occurring interaction of these mental health disorders with not only other mental health disorders but specifically with alcohol and drug use disorders. Other areas of importance in this class will include: Historical overview of disorder, current DSM diagnostic criteria, coding, associated features, differential diagnoses, prevalence, disease progression, assessment measures, treatment modalities, barriers to successful treatment, ethical issues, human development, and multicultural issues.

B. DATE LAST REVISED (Month, year): December, 2014

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Overview of current Diagnostic & Statistical Manual of Mental Disorders (DSM) co-occurring conditions
2. Chemical dependency and mental health screening and assessment components and tools
3. Rule 31 treatment provisions
4. Chemical dependency and mental health intake, orientation procedures, process, guidelines, and standards
5. Case formulation, management, service coordination, and treatment planning
6. Ethical and legal issues
7. Human development
8. Multicultural issues
9. Best practice counseling skills, interventions/techniques and theory

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Recognize influence of protective and risk factors on the wellbeing of self, family, community and others.
2. Understand DSM diagnostic similarities and differences amongst common co-occurring disorders in relation to symptoms, specifier(s), prevalence, features/markers, classifications, coding, course, and comorbidity.
3. Discuss impact of co-occurring disorders on the wellbeing of self, family, community and others through reflection and application of material to current and or future life goals.
4. Reflect on current co-occurring competence and develop a plan for improvement.
5. Research and or present a major DSM co-occurring disorders comparing and contrasting differential diagnosis, associated, features, comorbidity, etc. while explaining the co-occurring interaction amongst the disorders and their specific relationship with substance use disorders.
7. Explain how human development, culture, age, and gender issues integrate with accurate diagnosis, assessment, and treatment planning.
8. Explore and evaluate common chemical dependency and mental health screening and assessment tools through investigation and practice.
9. Recognize components of suicide, mental status and formal biopsychosocial assessment.
11. Describe chemical dependency and mental health intake and orientation process, procedures, guidelines, and standards.
12. Practice case formulation, management, educational strategies, record keeping, documentation, diagnosis, and treatment planning.
13. Identify community resources, consultation options, and referral agencies necessary for client growth
14. Identify ethical and legal issues relevant to mental health and chemical dependency counseling.
15. Distinguish similarities and differences in crisis and counseling skills, interventions, techniques, and theory through demonstration, labeling, and or explanation.
16. Research, identify, distinguish, and examine co-occurring disorder best practice counseling skills, interventions/techniques and theory while considering ethical, cultural, developmental, and other ecological factors.
E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
May include any of the following:
1. Research papers
2. Reflection papers
3. Exams and Quizzes
4. Group activities
5. Objective examinations
6. Interpersonal counseling interviews
7. Presentations
8. Case studies
9. Resource projects

G. RCTC CORE OUTCOME(S) ADDRESSED:
☑ Communication  ☐ Civic Responsibility
☐ Critical Thinking  ☐ Personal/Professional Accountability
☐ Global Awareness/Diversity  ☐ Aesthetic Response

H. SPECIAL INFORMATION (If any): None