COMMON COURSE OUTLINE: Course discipline/number/title: HS 1765: Addiction Counseling Theory and Practice

A. CATALOG DESCRIPTION
1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): ENGL 1117
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course provides students with an overview of a wide variety of individual, group, crisis, relapse, spiritual, and family addiction counseling theories, interventions, strategies, techniques, and skills. Additional focus in this class will be on identifying community resources, treatment planning, assessment, goal setting, diagnosis, case management, and client education. This course provides students with the opportunity to practice these theories, interventions, strategies, techniques, and skills in class simulated role plays.

B. DATE LAST REVISED (Month, year): December 2014

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Family counseling theory
2. Group counseling theory
3. Basic counseling skills and interviewing techniques
4. Spiritual realm in the recovery process
5. Formulates his / her own counseling approach to addiction counseling
6. Relapse prevention philosophy
7. Crisis intervention theory
8. Case management and service coordination
9. Client education strategies
10. Diagnosis, assessment, and treatment planning
11. Ethical and multicultural issues

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Distinguish, order, match, apply, and or describe core ethical, multicultural, individual, group, family, crisis, relapse, educational, and spiritual concepts / models of addiction counseling.
2. Demonstrate proficiency in a variety of individual, group, crisis, educational, spiritual, relapse, and family counseling theories by accurately modeling the theory concepts, skills, interventions, etc. in simulated role plays.
3. Summarize, Identify, label, and explain ethical, developmental, cultural, and practical rationale for using skills, interventions and techniques in counseling session, group activities, and or psycho-education.
4. Document and use progress and case notes from counseling sessions to identify possible treatment goals.
5. Formulate treatment goals and objectives from counseling sessions into a working treatment plan.
6. Practice case formulation, management, coordination (referral), intake, screening, assessment, and orientation strategies.
7. Reflect on how assessment, co-occurring diagnosis, case management, service coordination, consultation, early intervention, prevention, and supervision effects treatment outcomes.
8. Investigate, summarize, reflect, and discuss family systems theory.
9. Design group proposal, interactive educational learning activity, and or relapse prevention plan.
10. Propose and exhibit philosophical approach for educating and counseling individuals, groups, or families whom have mental health or substance use disorders.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Research papers
2. Reflection papers
3. Quizzes and exams
F. METHODS FOR EVALUATION OF STUDENT LEARNING: Continued...
   4. Group activities
   5. Objective Examinations
   6. Interpersonal counseling interviews
   7. Presentations
   8. Case studies
   9. Resource projects

G. RCTC CORE OUTCOME(S) ADDRESSED:
   ☑ Communication
   ☐ Civic Responsibility
   ☐ Critical Thinking
   ☐ Personal/Professional Accountability
   ☐ Global Awareness/Diversity
   ☐ Aesthetic Response

H. SPECIAL INFORMATION (if any): None