COMMON COURSE OUTLINE: Course discipline/number/title: HS 1770: Alcohol and Drug Counseling
Practicum I

A. CATALOG DESCRIPTION
   1. Credits: 3
   2. Hours/Week: 3
   3. Prerequisites (Course discipline/number): Admission to RCTC Alcohol and Drug Counseling Program or Certificate. HS 1710, HS 1720, HS 1730, HS 1740, HS 1750, HS 1760, and HS 1765.
   4. MnTC Goals (if any): NA

Students in practicum I will demonstrate their mastery of academic coursework in the 12 core functions of an alcohol and drug counselor by completing a minimum of 440 hours of clinical practice under the supervision of a Licensed Alcohol and Drug Counselor or other qualified professional. During regularly scheduled seminar meetings students will discuss ethical and professional considerations, boundary settings, interpersonal conflicts, and their engagement in the therapeutic process. Furthermore, students will share with one another their practicum experiences, challenges, areas for improvement, strengths, areas of professional growth, and progress in the twelve core functions.

B. DATE LAST REVISED (Month, year): December, 2015

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Trans-disciplinary foundations of alcohol and drug counseling
   2. Pharmacological aspects of addiction
   3. Ethical, legal and multicultural issues
   4. Co-occurring disorders
   5. Client screening, intake, orientation, and assessment
   6. Treatment planning, counseling skills, and case management,
   7. Crisis intervention and client education
   8. Referral, record keeping (documentation), and consultation
   9. Licensing and testing laws and requirements

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Demonstrate satisfactory trans-disciplinary foundations of alcohol and drug counseling skill by exhibiting legal, ethical, cultural sensitivity, competence, and proficient decision making in relation to client change and continuum of care.
   2. Discuss pharmacological aspects of addiction in relation to case conceptualization.
   3. Employ successful time management and self-care strategies.
   4. Understand DSM diagnostic similarities and differences amongst co-occurring disorder features, prevalence, course, classification, symptoms, features, specifier, comorbidity, case conceptualization, and recovery / wellness.
   5. Administer culturally, developmentally, and disease appropriate screening and assessment tools to client.
   6. Explain client intake and orientation process.
   7. Develop measurable and comprehensive treatment plans in collaboration with the client and within the appropriate continuum of care.
   8. Perform the management of caseloads appropriately by keeping accurate client documentation, records, and reports or by securing appropriate client services and referrals.
   9. Illustrate effective crisis intervention and client educational strategies.
   10. Display effective consultation skills by providing others with ethical, legal, and accurate case formulation feedback.
   11. Locate state licensing and testing resources.
   12. Display compliance with all licensing, college, and internship site policies, statues, rules and regulations.
   13. Complete a minimum of 440 hours of supervised practice.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   May include any of the following:
   1. Case studies
   2. Journals or reflection papers
   3. Supervisory or self evaluations
   4. Time sheets
F. METHODS FOR EVALUATION OF STUDENT LEARNING: Continued... 
5. Skills sheet  
6. Assessment documentation  
7. Case management files  
8. Presentations / projects  
9. Skill demonstration  
10. Core competency checklists  
11. Direct observations  

G. RCTC CORE OUTCOME(S) ADDRESSED:  
☐ Communication  ☐ Civic Responsibility  
☐ Critical Thinking ☒ Personal/Professional Accountability  
☐ Global Awareness/Diversity ☐ Aesthetic Response  

H. SPECIAL INFORMATION (if any): Students must be admitted to RCTC’s ADC program and they must pass a MN background check/study prior to starting their practicum. Students may not start their practicum until permission has been given to them by their instructor. Students are encouraged to purchase personal liability insurance. Students in practicum I will complete a minimum of 440 hours of supervised addiction counseling practices under a Licensed Alcohol and Drug Counselor or other qualified professional. Students are responsible for finding their own practicum. This class is Pass/Fail.