A. CATALOG DESCRIPTION
1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): None
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This course provides students with an overview of the impact of addiction on the individual, society, and the criminal justice system. Specific consideration will be given to identifying/understanding drugs of abuse, patterns of abuse, biopsychosocial effects of use, criminal/addictive thinking, counseling techniques/theories/treatments, relapse/recidivism issues, community resources/responsibility, cultural, ethics, laws, and lifestyle balance.

B. DATE LAST REVISED (Month, year): September, 2012

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Discuss common drugs of abuse
2. Discuss abuse patterns and their biopsychosocial effects
3. Discuss criminal thinking/behavioral patterns
4. Discuss addictive thinking patterns/defense mechanisms
5. Summarize helping strategies, intervention principles, and communication patterns in the recovery process.
6. Discuss tools for assessing addictive disorders
7. Discuss treatment models/plans for addicted individuals
8. Discuss relapse prevention and recidivism issues
9. Discuss recovery stages, models, and 12 step philosophy
10. Discuss community resources and responsibilities
11. Describe empowering change in people by the attainment of lifestyle balance
12. Discusses ethical and legal issues associated with counseling addictive clients

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Identify common drugs of abuse.
2. Identify common abuse patterns and their biopsychosocial effects.
3. Identify criminal thinking/behavior.
4. Identify addictive thinking patterns.
5. Comprehend appropriate intervention strategies for change, recidivism, relapse, and lifestyle balance.
6. Understand components of formal assessment and the treatment planning process.
7. Understand commonly used assessment tools for individuals with addiction.
8. Understand common pharmaceutical, judicial, and psychological treatment options.
9. Understand stages of recovery, models of treatment, and 12 step philosophy.
11. Recognize how preventative techniques solidifies recovery.
12. Identify community resources necessary for client growth.
13. Display proficiency by accurately identifying principles of different theories – models of justice.
14. Create and / or presents community based research project.
15. Create relapse/ recidivism prevention plan.
16. Understand ethical, legal, and multicultural issues associated with counseling clients with addictive disorders.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Research or reflection papers
2. Quizzes
3. Group activities
METHODS FOR EVALUATION OF STUDENT LEARNING: Continued...

4. Objective examinations
5. Interpersonal counseling interviews
6. Presentations
7. Case studies
8. Resource projects
9. Online interactions

RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

SPECIAL INFORMATION (if any):
This class can be offered in the following formats (Hybrid, online, or in class).