COMMON COURSE OUTLINE: Course discipline/number/title: HS 1784: Behavioral/Process Addictions

A. CATALOG DESCRIPTION
   1. Credits: 1
   2. Hours/Week: 1
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This course provides students with an overview of behavioral (process) addictions. Special considerations will be given to gambling, shopping, eating, sex, video games, exercise, working, computer/internet addiction and the impact these disorders have on the wellbeing on individuals, families, and communities.

B. DATE LAST REVISED (Month, year): September, 2012

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Summarize how, when, and why process addictions occur
   2. Discuss impact of process addictions on individuals, families, and community.
   3. Describe assessment, diagnosis, and treatment modalities available
   4. Discuss incidence, prevalence, and co-occurring disorders related to process addictions

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Comprehends differences and similarities of substance disorders & behavioral disorders.
   2. Understands the impact of process addictions on the wellbeing of client and others.
   3. Identifies and evaluates intervention strategies.
   4. Identifies and evaluates assessment tools.
   5. Identifies appropriate treatment modalities and community resources.
   6. Creates and/or presents research project on a behavioral disorder.
   7. Creates relapse prevention plan.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   1. Research or reflection papers
   2. Quizzes
   3. Group activities
   4. Objective examinations
   5. Interpersonal counseling interviews
   6. Presentations
   7. Case studies
   8. Resource projects
   9. Online interactions

G. RTC CORE OUTCOME(S) ADDRESSED:
   ☑ Communication ☐ Civic Responsibility
   ☐ Critical Thinking ☐ Personal/Professional Accountability
   ☐ Global Awareness/Diversity ☐ Aesthetic Response

H. SPECIAL INFORMATION (if any):
   This class can be offered in the following formats (Hybrid, online, or in class).