COMMON COURSE OUTLINE: Course discipline/number/title: NA 1501: Home-Health Aide Theory

A. CATALOG DESCRIPTION
   1. Credits: 1
   2. Hours/Week: 1 lecture
   3. Prerequisites (Course discipline/number): NA 1500 or equivalent. May be taken concurrently with NA 1500 with advisor signature.
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This 16-hour course is designed to be consistent with state guidelines for home-health aide/homemaker curriculum. It includes home care services, goals, and responsibilities for client's well being across the life span. Topics of nutrition, safety, basic care personal needs, confidentiality, reporting and recording practices, and home care needs for special populations are presented and discussed.

B. DATE LAST REVISED (Month, year): August, 2003

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Introduction to Home Health Aide
   2. Types of home health services
      a) Direct client personal caregiver
      b) Homemaker
      c) Companion
      d) Hospice
      e) Volunteer meals/transportation
      f) Skilled care by licensed professional
   3. Ethics and Confidentiality
      a) Bill of Patient's Rights in the home setting
      b) Legal and ethical issues in home care
   4. Safety considerations in the home setting
      a) Safety across the life span
      b) Safety for special populations
   5. Nutrition
      a) Nutrition across the life span
      b) Nutrition for special populations
   6. Providing personal cares for basic needs in the home
      a) Bathing/daily hygiene
      b) Transfers and mobility issues in the home
      c) Dressing
      d) Elimination
      e) Vital signs
      f) Infection control
      g) Rehabilitation: continuity of care
      h) Special procedures
   7. Basic Emergency procedures in the home
   8. Communication
      a) Reporting and recording practices
      b) Establishing relationship with client and family
   9. Mental health issues for client and family support in home care
      a) Death and Dying

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Perform medical asepsis.
   2. Perform unit care.
   3. Perform unoccupied bed making.
   4. Maintain environmental safety.
   5. Perform personal care procedures.
D. LEARNING OUTCOMES (GENERAL): Continued... The student will be able to:
6. Perform resident bath (bed bath, partial/tub).
7. Feed resident.
8. Perform resident transfers and positioning.
9. Assist with elimination needs.
10. Measure vital signs.
11. Record intake and output.
12. Perform resident/staff communication.
13. Modify resident behavior.
14. Discuss resident chart.
15. Demonstrate confidentiality.

E. LEARNING OUTCOMES (MNCT): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
Successfully completion of competency skills with safe standards of care

G. SPECIAL INFORMATION (if any): None