COMMON COURSE OUTLINE: Course discipline/number/title: NA 1610: Nursing Assistant for Surgical Technology

A. CATALOG DESCRIPTION
   1. Credits: 5
   2. Hours/Week: 2.5 hours lecture and 5 hours of lab per week
   3. Prerequisites (Course discipline/number): Appropriate score on the RCTC placement test or completion of appropriate developmental course (READ 0800) with a grade of C or better, CPR or concurrent enrollment in CPR.
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This course will provide the surgical technologist with theory and lab experience necessary to work in a healthcare facility. The course will provide students with skills to work with the elderly, the chronically ill or acutely ill individual. Following successful completion of the theory and lab components, students will have a clinical experience in long-term care and in the hospital setting. RECOMMENDED ENTRY SKILLS/KNOWLEDGE: High school diploma or GED.

B. DATE LAST REVISED (Month, year): May, 2011

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Introduction to Nursing Assistant
   2. Basic Needs
   3. Communication
   4. Infection Control
   5. Safe Environment
   6. Emergency Measures
   7. Activity and Exercise
   8. Personal Cares
   9. Vital Signs
   10. Nutrition and Fluids
   11. Elimination
   12. Mental Health and Social Service Needs
   13. Admission and Discharge
   14. Pre-op/Post-op Care
   15. Documentation
   16. Specimen Collection
   17. Special Procedures
   18. Application of heat and cold
   19. Communicable Disease Care
   20. Operating Room Observation Experience

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Describe role of the healthcare worker.
   2. Discuss patient/resident rights
   3. Identify Vulnerable Adult Law.
   4. Describe basic needs.
   5. Describe death and dying.
   6. Discuss Advance Directives.
   7. Describe stages of growth and development.
   8. Describe communication with vision/hearing impaired.
   9. Describe and demonstrate confidentiality.
   10. Describe communication with speech impaired.
   11. Explain observations.
   12. Describe importance of documentation.
   13. Describe infection control.
   14. Discuss standard precautions.
   15. Demonstrate infection control measures.
   16. Describe changes of the elderly.
D. LEARNING OUTCOMES (GENERAL): The student will be able to: Continued...
17. Describe environmental safety.
18. Make unoccupied/occupied bed.
19. Describe situations requiring emergency measures.
20. Perform Heimlich Maneuver.
21. Describe body mechanics.
22. Demonstrate positioning and transfer techniques.
23. Describe and perform personal care skills.
24. Describe nutrition and fluid principles.
25. Describe therapeutic diets.
26. Discuss elimination needs.
27. Demonstrate assisting with elimination.
28. Describe special populations with mental health and social service needs.
29. Differentiate between hospital and long-term care role of the nursing assistant.
30. Define and know medical abbreviations and terminology.
31. Describe admission and discharge.
32. Describe isolation procedures.
33. Demonstrate vital signs.
34. Describe and perform specimen collection,
35. Explain special procedures.
36. Describe pre and post op care,
37. Orientation to long term care and hospital environment.
38. Perform personal care skills.
39. Work within role of nursing assistant,
40. Measure intake and output.
41. Demonstrate work organization.

E. LEARNING OUTCOMES (MNTE): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Written Exams
2. Skill performance evaluations
3. Successful completion of competency skills with safe standards of care

G. RCTC CORE OUTCOME(S) ADDRESSED:
☒ Communication ☐ Civic Responsibility
☐ Critical Thinking ☐ Personal/Professional Accountability
☐ Global Awareness/Diversity ☐ Aesthetic Response

H. SPECIAL INFORMATION (if any):
Background check, negative TB mantoux test or negative chest x-ray, appropriate uniform, health form and Hepatitis B vaccine or signed waiver form.

This course utilizes a curriculum approved by the Minnesota Department of Health. 100% attendance is required.