COMMON COURSE OUTLINE: Course discipline/number/title: NURS 1130: Basic Nursing Skills Review

A. CATALOG DESCRIPTION
1. Credits: 2 (1 credit lecture/ 1 credit lab)
2. Hours/Week: Arranged
3. Prerequisites (Course discipline/number): Completion of NURS 1117 or NURS 1120
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

This elective course will assess and develop the student’s current level in performing basic nursing skills essential for professional nursing practice. The course builds on the Nursing 1117 or Nursing 1120 students’ knowledge and experience and allows the student to further develop previously learned skills. The assignments and lab interactions will facilitate the student in review of theoretical principles with application to skills and demonstration of skill proficiency. This course is designed to increase confidence and proficiency in nursing skill techniques.

B. DATE LAST REVISED (Month, year): October, 2010

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Demonstrate the proper procedure for the following skills:
2. Performing a BID assessment
3. Administering oral medications, parenteral medications and documenting
4. Flushing a peripheral IV; giving a subcutaneous injection; priming IV tubing; using an infusion pump
5. Sterile procedures: applying sterile dressings
6. Managing select patient care interventions: taking a blood pressure; removing an indwelling catheter; applying nebulizer treatments

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Explain how the following equipment is using in patient care:
   a) Bladder scanner
   b) Doppler
   c) PCA pump
   d) Pulse oximeter
   e) IV infusion pumps
2. Discuss IV solutions and IV assessments; demonstrate the nursing skill of priming IV tubing, and flushing a peripheral IV competently.
3. Demonstrate the nursing skill of BID assessment competently including taking a blood pressure; discuss AM cares; and removing an indwelling catheter.
4. Review RN responsibilities for heparin (SQ and IV), and insulins; demonstrate the nursing skill of mixing insulins and giving a subcutaneous injection competently.
5. Demonstrate the nursing skill of nebulizer treatment assessments and sterile dressing application competently, including properly applying sterile gloves and opening dressings without contamination.
6. Participate in classroom discussions and interactive exercises of proper nursing techniques applying theoretical principles.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Objective short answer test
2. Skill performance practical exam
3. Dosage Calculation Quiz

G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): None