COMMON COURSE OUTLINE: Course discipline/number/title: OSP 1025: Personal Development

A. CATALOG DESCRIPTION
1. Credits: 3
2. Hours/Week: 1 hour Lecture and 1 hour Lab
3. Prerequisites (Course discipline/number): Acceptance into the Occupational Skills Program.
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

Students will develop and display decision making skills and problem solving skills, as well as learning skills of becoming an effective self-advocate. Examples include: hearing about legislation with persons with disabilities, how to describe their disability to others, strategies for assertively stating their wants and needs to others.

B. DATE LAST REVISED (Month, year): November, 2005

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Develop decision making skills
2. Develop problem solving skills
3. Practice self-advocacy
4. Describe their disability to others
5. State their wants and needs in an assertive manner

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Obtain experiential learning by participating in legislations forums, community forums, and/or advocacy groups within the community.
2. Students will also gain confidence in a variety of personal development areas.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Objective examination
2. Class participation
3. Quizzes
4. Role playing
5. Videos
6. Classroom demonstrations

G. SPECIAL INFORMATION (if any): None