COMMON COURSE OUTLINE: Course discipline/number/title: PHED 1111: Archery

A. CATALOG DESCRIPTION
   1. Credits: 1
   2. Hours/Week: 2 hours per week or 4 hours per week (1/2 semester)
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This course is designed to teach students the history of archery, terminology and skills useful for a lifetime activity.

B. DATE LAST REVISED (Month, year): April, 1997

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Introduction to Archery - Benefits of Archery
   2. The Evolution of Archery
   3. Target Archery Tackle
      a) The arrow
      b) The bow
      c) Accessories
      d) Care
   4. Fundamentals of Target Archery
      a) Archery and safety
      b) Bracing
      c) Stance
      d) Nocking
      e) Bow hold
      f) Drawing
      g) Anchor point
      h) Aiming
      i) Release and follow through
      j) Scoring
   5. Target and Field Archery Sports
      a) Target archery
      b) Olympic games
      c) Crossbows
      d) Clout shooting
      e) Flight archery
   6. Bow Hunting
      a) Hunting bows
      b) Hunting arrows

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Demonstrate knowledge of archery history.
   2. Identify archery tackle.
   3. Demonstrate proper techniques of archery shooting.
   4. Appreciate archery as a lifetime activity.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   1. Participation
   2. Written test
   3. Skills test

G. SPECIAL INFORMATION (if any): None