COMMON COURSE OUTLINE: Course discipline/number/title: PHED 1114: Softball

A. CATALOG DESCRIPTION
1. Credits: 1
2. Hours/Week: 30-32 hours per semester
3. Prerequisites (Course discipline/number): None
4. Co-requisites (Course discipline/number): None
5. MnTC Goals (if any): NA

Physical education activity course offering instructions on skill development, playing strategy, scoring, and rules applicable to slow pitch softball.

B. DATE LAST REVISED (Month, year): April, 1997

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Skill instruction
   a) Hitting
   b) Fielding
   c) Throwing/Catching
   d) Slow-pitch pitching
   e) Base running
2. Playing strategy
   a) Base coaching at 1B and 3B
   b) Offense strategy
   c) Defense
3. Scoring/Rules - Score keeping knowledge
4. Opportunities for future involvement
   a. Intramurals
   b. Slow pitch leagues: men, women, co-ed
   c. Coaching youth teams

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Gain knowledge of the rules applicable to participation in the various slow-pitch softball leagues of men’s women’s, and co-ed softball.
2. Be able to demonstrate the proper technique of throwing, catching, and batting a softball.
3. Students will gain an understanding of strategies for effective play of slow-pitch softball.
4. Discuss and understand terminology relative to slow pitch softball.
5. Describe effective procedure to formulating a team including necessary personnel, coaching, score-keeping, and line-up strategies.
6. Gain an appreciation of a fun lifetime activity.
7. Gain an appreciation of teamwork and success.
8. Understand preventative education to injuries.
9. Discuss proper selection of gloves and bats.
10. Demonstrate effective communication when on defense.
11. Discuss and participate in warm-up and cool-down techniques sport specific to softball.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Written exam
2. Skill evaluation testing
3. Attendance
4. Participation/attitude
5. Outside assignments
G. SPECIAL INFORMATION (if any):
1. Students must provide own glove.
2. Students must dress appropriately for activity.