COMMON COURSE OUTLINE: Course discipline/number/title: PHED 2180: Critical Analysis of Football

A. CATALOG DESCRIPTION
   1. Credits: 1
   2. Hours/Week: 2
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

   This course is designed for individuals or amateur players who would like a broader understanding of the game of football. It explores the foundations of the game including: The recruitment and drafting of players, complex strategies for offense and defense, game rules, team guidelines, coaching decisions, the role of officials, scoring techniques, the impact of player injuries and other related topics.

B. DATE LAST REVISED (Month, year): February, 2011

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. The structure and function of the game of football
   2. Understanding the rules of football
   3. Understanding coaching strategies
   4. The fitness and health of football players
   5. How NFL requirements affect football teams and players
   6. Global perspective of NFL Football
   7. Recruitment and drafting strategies
   8. Building a Fantasy Football team roster
   9. How injuries impact Fantasy Football teams
  10. Understanding offensive plays
  11. Understanding defensive plays
  12. Understanding the role of specialty teams
  13. Motivating team players
  14. Football safety techniques

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Identify factors that impact the game of football.
   2. Describe coaching strategies in any given situation.
   3. Describe the function of the offensive team.
   4. Describe the function of the defensive team.
   5. Describe the function of the specialty teams.
   6. Apply appropriate plays to game situations.
   7. Identify alternative game strategies.
   8. Analyze post game statistics.
   9. Identify football rules and scoring requirements.
  10. Discuss the global impact of NFL Football.
  11. Discuss recruitment and drafting strategies for Fantasy Football.
  12. Apply Fantasy Football strategies.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   1. Daily assignments
   2. Quizzes
   3. Group participation
   4. Exams
G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): None