COMMON COURSE OUTLINE: Course discipline/number/title: PHED 2249: Prevention and Care of Athletic Injuries

A. CATALOG DESCRIPTION
   1. Credits: 2
   2. Hours/Week: 2
   3. Prerequisites (Course discipline/number): None
   4. Co-requisites (Course discipline/number): None
   5. MnTC Goals (if any): NA

This course offers knowledge and practical experience in the field of athletic training taught under the guidance of a NATABOC certified athletic trainer. The NATA Competencies in Athletic Training serve as a guideline for knowledge that each student should obtain in this academic course. This course is designed to engage students in the process of reviewing, analyzing, discussing, synthesizing, and reflecting about athletic training.

B. DATE LAST REVISED (Month, year): October, 2006

C. OUTLINE OF MAJOR CONTENT AREAS:
   1. Foundation of Athletic Training
   2. How Athletic Injuries Occur
   3. Evaluation and Taping for, and rehabilitation of injuries

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Understand the basics of Athletic Training (history).
   2. Prevention, recognition, evaluation, treatment and rehabilitation of Athletic Injuries.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
   1. Quiz
   2. Test (written and oral practical)

G. SPECIAL INFORMATION (if any): None