COMMON COURSE OUTLINE: Course discipline/number/title: PNM 1220: Nursing Skills and Concepts

A. CATALOG DESCRIPTION
1. Credits: 4
2. Hours/Week: 2 hours lecture and 2 hours lab per week
3. Prerequisites (Course discipline/number): Admission to Practical Nursing Program
4. Co-requisites (Course discipline/number): PNM 1200, PNM 1210
5. MnTC Goals (if any): NA

This course introduces the student to basic skills, concepts and principles and expectations of providing holistic patient care. Topics will include basic nursing procedures, communication skills, ethical/legal responsibilities, medical/surgical asepsis and nursing documentation. Nursing procedures related to basic patient needs will be taught through clinical simulation in the nursing laboratory. This course also provides the beginning level of acute care clinical experience. The student will implement basic communication skills, organization and implementing routine personal care to one patient; make observations of patient needs and perform specified nursing abilities with instructor guidance and supervision.

B. DATE LAST REVISED (Month, year): November, 2012

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Holistic & cultural concepts of patient care
2. Maslow’s hierarchy of needs
3. Basic interpersonal communication techniques
4. Infection control principles in patient care
5. Basic concepts and procedures related to patient cares
6. Oxygenation, nutrition, wound management, and pain management in patient care
7. The nursing process
8. Assessment techniques and observation of alterations in physiology
9. Scope of LPN practice in providing patient care

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Identify holistic and transcultural concepts of patient care.
2. Demonstrate technical skills and procedures necessary for nursing care in nursing lab prior to the clinical experience.
3. Consistently demonstrate principles of infection control in the nursing lab and clinical setting.
4. Perform nursing skills and procedures to the patient in the clinical setting.
5. Utilize resources for planning, implementing, and performing patient care in the clinical setting.
6. Perform data collection, make nursing observations and document in the nursing lab and clinical setting.
7. Apply basic nutritional concepts for health.
8. Demonstrate basic communication skills in patient care situations.
10. Demonstrate competency in the Practical Nursing Program Competencies.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Practical skills tests
2. Quizzes and exam
3. Assignments
4. PN Program Competencies testing
5. Clinical performance evaluation

G. RCTC CORE OUTCOME(S) ADDRESSED:
- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): Liability insurance (attached to registration fee)