COMMON COURSE OUTLINE:  Course discipline/number/title:  PNM 1320: Family and Mental Health Concepts

A. CATALOG DESCRIPTION
1. Credits: 6
2. Hours/Week:  4 hours lecture and 2 hours lab per week
3. Prerequisites (Course discipline/number):  Current CPR certification; Completion of Semester I PNM requirements.
5. MnTC Goals (if any):  NA

This course introduces nursing concepts related to pregnancy, postpartum care and common disorders that affect infants and children. The obstetrical portion presents the fundamental principles of labor, delivery and nursing care of the family. The pediatrics portion presents the physiological response of children to illness. Special topics will also include the needs of children with mental and physical delay and cultural diversity. Basic principles of mental health and illness will assist the student to develop the skills necessary to care for patients exhibiting maladaptive behaviors and those with stabilized psychiatric, emotional, and mental disorders. This course also includes clinical experience in the care of obstetrical, pediatric and adults with medical/surgical disorders. The student will implement basic nursing abilities and utilize communication and planning skills in the total care of clients. This clinical will include the administration of oral, topical and parenteral medications.

B. DATE LAST REVISED (Month, year):  November, 2012

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Human Reproductive Anatomy and Physiology
2. Women’s Health
3. Prenatal Development & Care
4. Complication During Pregnancy
5. Labor & Birth & Nursing Care
6. Complication during Labor
7. Postpartum Care
8. Postpartum Complication
9. The term, preterm & post term Infant
10. Normal Growth and Development over childhood
11. Congenital Defects
12. Sensory & Neurological Condition
13. Musculoskeletal Conditions
14. Respiratory & Cardiac Disorders
15. Condition of the Blood & Lymph System
16. Gastrointestinal disorders
17. Genitourinary Problems
18. Skin conditions & Burns
19. Endocrine disorders
20. Communicable disease
21. Emotional Problems
22. Fundamental Concepts of mental health care
23. Therapeutic Communication Skill
24. Mental Disorders and Related Treatment Modalities
25. Psychiatric medications

D. LEARNING OUTCOMES (GENERAL):  The student will be able to:
1. Identify special needs of the family during pregnancy, delivery and postpartum.
2. Identify signs of pregnancy and impending labor and delivery.
3. Describe methods of family planning.
4. Identify principles of human growth and development.
5. Describe principles of health promotion and maintenance.
7. Identify special needs of the developmentally and/or mentally delayed child/family.
D. LEARNING OUTCOMES (GENERAL): The student will be able to: Continued...

8. Participate in patient care of developmentally/mentally delayed patients, ambulatory care setting, and same day surgery setting.
9. Demonstrate competency in the Practical Nursing Program Competencies.
10. Demonstrate accurate data collection & recognize abnormal findings.
11. Report abnormal client data to appropriate member of the health care team.
12. Identify and prioritize nursing care based on client priorities utilizing facility resources.
13. Implement safe & appropriate nursing care.
14. Demonstrate therapeutic communication skills with all patients.
15. Demonstrate critical thinking and problem solving utilizing theory in the clinical setting.
16. Demonstrate nursing care skills within the LPN scope of practice.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Assignments
2. Exams
3. PN Program Competencies testing
4. Simulation
5. Clinical evaluation

G. RCTC CORE OUTCOME(S) ADDRESSED:

- Communication
- Critical Thinking
- Global Awareness/Diversity
- Civic Responsibility
- Personal/Professional Accountability
- Aesthetic Response

H. SPECIAL INFORMATION (if any): None