

Get Up, Get Moving, Get Healthy ... GET THERE – RCTC!



Outside at the UCR Sports Center



Basketball in the Performance Court



Swim Buddies at the Family Y



Public Health Educators Class



Bundles of Love quilting service project



Bowling at Recreation Lanes



Nutritious Snack preparation
Guided by Olmsted Medical Dietician



Mini Golfers



Wet Smiles at the Family Y

Staff Extraordinaire

Alex, Brandon,
Katie, Colleen,
Deb, Scott

Brandon, Megan,
Aaron

THANK YOU

