

COLLEGE *Crossings*

ROCHESTER COMMUNITY AND TECHNICAL COLLEGE...EXPECT THE UNEXPECTED.

Thought for the week...

After dinner sit a while, and after supper walk a mile.

~English Saying

4th Annual SSSP Iris Fried Scholarship Basket Challenge

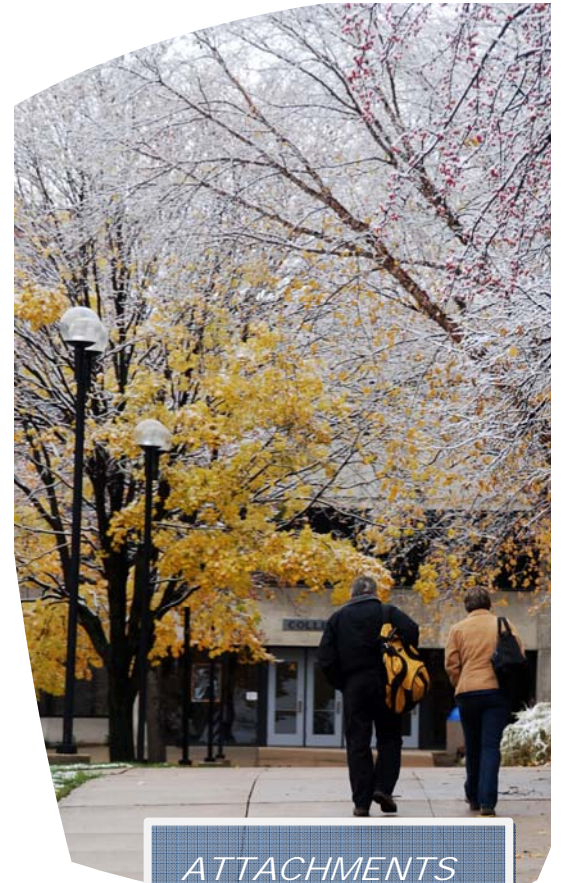
December 3, 2008

11:30 a.m. – 1:30 p.m., CF206/208

A few facts about last year's basket challenge:

- \$1,807 was raised from 46 baskets donated by
- 13 departments
- 13 individuals
- 1 club
- Winning department basket:
\$145 for "A Romantic Night Out" donated by the **Science Department**
- Winning individual basket:
\$80 for "Wine Tasting Party Kit" donated by **Anne Benson**

R.S.V.P. to Deb at 285-7230 with your intent to participate in this fundraiser.
(Last day to submit baskets is Monday, December 1, 4 p.m. in office SS159)



ATTACHMENTS

CLICK BELOW TO BRING UP
ATTACHMENT ON SCREEN

[Occupational Skills Sessions](#)

[Occupational Skills Open House](#)



Academic Accolades

Annie Clement was published in the Communication and Theatre Association of MN Journal for 2008. She published an activity entitled, Gaining Knowledge: Creating Activities for Students by Students.

Free Lecture

Larry Mattson will give a public lecture on Energy Technology on November 11. For more information, [CLICK HERE](#).

Veteran's Day Activities

On behalf of the student Veteran's of WSU and RCTC, I would like to inform everyone of the events that are tentatively scheduled to take place for Veteran's Day, Tuesday, November 11th 2008.

1100 – Color Guard – There will be a group of Veterans that will post the colors on the RCTC flag pole out front.

1111 – Moment of Silence – We ask everyone on campus to observe a moment of silence to remember the service-members deployed in the deserts overseas, and those that have made the ultimate sacrifice for our country and her freedoms.

1115 – Placing of the Wreath – The RCTC Armed Forces and Veterans Club has purchased a wreath which they will place at the base of the flag pole to honor the service-members that have given their lives defending our country.

1120 – 1300 Community Veterans Service Providers – Booths will be set up in the Atrium with information from community service providers. Please stop by and try the tasty Meals Ready to Eat (MRE) and experience the fine cuisine our service members enjoy while deployed or in training. There will be an index card at every booth with fun Q&As regarding MREs and our military. Please fill out the answers to the questions. By doing so, you will have the opportunity to win some of your own MREs.

RCTC's own counselor, Bob Ekstam, will be providing a workshop entitled *Career Navigating for Veterans*. This great opportunity will take place from 11:00 a.m – 12:00 p.m in room SH206.

0900 – 1600 Car Bash – UCR Parking lot – Have you ever wanted to take a sludge hammer to a car to relieve some stress? Here is your chance! Help raise money for a TV and DVD player for the Veteran's Resource Center. The cost is \$1 a hit or \$5 to spray paint on the car, the name of an ex, or something that makes you angry and then you can hit the car three times. Please use first names only and please be appropriate and respectful, by that I mean no religious or cultural references.

I ask everyone, regardless of your political views or feelings about our current wars in Iraq and Afghanistan, to respect and honor our veterans on their day. Regardless of your views, they were called to do a job and rose to the challenge and I ask you to join me in thanking them on their day.

~ Joshua Howe
Southeast Regional Coordinator
Higher Education Veterans Programs
Minnesota Department of Veterans Affairs



Occupational Skills

Attached to this week's Crossings you will find the upcoming Occupational Skills Program Information Session dates and Open House flyer. Please feel free to distribute this information to interested potential students, family members, professionals and other interested persons. Thank you for your assistance.

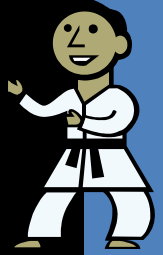
~ Vicky Keller

Fall Music Concert

Tickets for the Fall music concert are available! You will hear selections from the Concert Band, Concert Choir, Aires (our show choir) and the Jazz Band. Should be a little something for everyone! Concerts are: November 12 and 13 at 7:30pm in Hill Theatre. Light refreshment served at intermission. Tickets are \$5.00 each. RCTC/WSU students receive one free ticket with valid student ID. All seats reserved seating. More Info? 507-28-7200 or stop by the Box Office.

Martial Arts Club

RCTC Martial Arts Club meets
Tuesdays 7:00 to 9:00 PM and Thursdays
for open training from 8:00-10:00 PM in
SC108 (the Wrestling Room). Learn
kickboxing, jujitsu, and more. No
experience needed. Come train with us
for a month and get a FREE t-shirt!



Snapshots at jasonlove.com



\$600 scratch post.

Crossings Classifieds

COMMUNITY EVENT: Seasons Hospice National Hospice Month Lunch & Learn "Taking the Wheel: How to be in the Driver's Seat for Your Final Journey" Speakers Nancy Manahan, Ph.D. & Becky Bohan, M.A., Authors of "Living Consciously, Dying Gracefully" Thursday, November 20, 11:30 am to 1:00 pm at St. John's Catholic Church, 11 4th Ave SW, Rochester Bring Your Own Bag Lunch * Live Music * Beverages and Desserts Available * Book Signing. Free Program * Registration Suggested at (507) 285-1930, Ext. 201 or jelkins@seasonshospice.org

Adopt-a-Family

CHOICES is again organizing our Adopt-a-Family Holiday Program for our low income displaced homemakers who have children. This is for families who would otherwise either go without Christmas presents for their children or have a pretty meager Christmas.

Through our program, an individual, group or department adopts a family, purchases and wraps presents for them from their "wish list". "Wish lists" frequently include necessities, groceries, winter wear and toys. The donor selects items they wish to purchase for the family from their list, wraps the gifts, and drops them off at CHOICES. The parents pick up the gifts for their family from CHOICES. (If they do not have transportation, then CHOICES delivers them.)

If you are interested in being a donor for our program, please email me or contact my office at 280-5510 or 280-5517. Please indicate what size family you wish to adopt, i.e., a parent with two children, etc.

Timelines:

Nov 7 -17, 2006	Potential donors sign up to adopt a family
Nov 26	Donors receive their adopted families' wish list
Dec 15	Donors deliver their adopted families' gifts to CHOICES office
Dec 18	Client's pick up their donated gifts from CHOICES office

I know that people may be trying to figure out how to handle the pressures of the current economy and the upcoming holidays for their own families. But I wish to thank those who choose to participate in advance for your generosity and ongoing support for this small program.

~ Susan Valvoda-Swanson, Director
CHOICES of SE Minnesota

Condolences

Mildred Nervig (mother of retired electronic engineering technology faculty member from 1972-2005, Dennis Nervig, and mother-in-law of current nursing faculty member, Audrey Nervig) passed away on Monday, November 3, 2008. Our thoughts and deepest condolences are with Dennis, Audrey, and the entire family.

THANK YOU

On behalf of my family and I, I would like to thank the wonderful staff at RCTC for the beautiful flowers given for my husband's funeral. This is a very difficult time for us but all the caring words and prayers have been a comfort. I want to especially thank the nursing faculty that stepped in to cover my classes this fall so that I could spend those precious last few weeks caring for my husband.

~ Mary Baker and Family