**START:** Atrium 1st Floor

Head towards and follow **Coffman (CF) Hallway**

Take **CF Stairs** up one level (to level 2)

Head towards **Science & Technology (ST) Hall**

Take **ST Stairs** up one level (to level 3)  
**1/8 of a Mile!**

Head towards the **Cafeteria (CC)**

Take the **CC Stairway** down one level (to level 2)

Take a left and head towards **East Hall (EA)**

Take a right into **East Hall** and follow the hallway to the stairs  
**1/4 of a Mile!**

Take the **EA stairway B** down (to level 1) and proceed right

Head towards **Health Sciences (HS)**

Take the **HS stairway** down one level (to level 0) and proceed right

Follow the hallway all the way around until you reach the **HS stairs** once again

Take the **HS stairway** up one level (to level 1)

Head back to the **Atrium (AT)**  
**1/2 of a Mile!**

Take the AT stairway up one level (to level 2) and proceed left

Head to **Singley Hall** and proceed right

Take a right into **Coffman Hall** and proceed towards **Endicott Hall**

Take the **Endicott Hall stairway** down one level (to level 1)

Head towards the **Atrium**

Take the **SS stairway** up one level (to level 2) and proceed left

Head towards **College center**

Take **EA stairway A** up one level (to level 3)

Head towards **Science & Technology**

Take the **ST stairway** down one level (to level 2)  
**3/4 of a Mile!**

Head towards **Coffman Hall**

Take the **CF Stairway** down one level (to level 1)

Head towards **Health Sciences**

Walk around the **Health Sciences** square

**END:** Head back to the **Atrium**  
**1 Mile!**