



Student Health Services

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This packet contains information and forms required of students in nursing, allied health and other academic and athletic programs. Pages 3-5 of the Health Questionnaire ask for health history information and should be completed by the student. Page 6 is the Medical Examination Form. The top one-third of page 6 asks for immunization information and may be completed by either the student or their health care provider. The bottom two-thirds of this page should be completed and signed by the student's physician or other health care provider at the time of the physical examination.

Required Health Information

All Students: Minnesota State Law states that all students in a post-secondary institution must comply with certain immunization requirements. The RCTC Immunization Verification Form (available on-line at <http://www.roch.edu/rctc/services/pdf/ImmunizationVerification.pdf>) explains these requirements.

Nursing and other Allied Health Students: In addition to the State immunization requirements, nursing and other allied health students must have additional information on file in Student Health Services prior to beginning their clinical experience. Details of these requirements are listed on page 2.

All nursing students are issued a "clinical passport". This document validates that the student has met the health requirements for clinical practice. This document must be validated by Health Services prior to the first clinical *each* semester. In the event of a lost passport, students will be allowed one free replacement. For any subsequent replacement passports, students will be charged \$10.00.

Available Services for Students at RCTC Student Health Services

- Illness and Injury care - no cost unless laboratory or other services are required
- Physical Examinations – minimal fee
- Tuberculosis Skin Tests (Mantoux) – minimal fee
- Personal Health Education or Information – no cost
- Student Health Insurance – information on lower-cost policies

All services provided through RCTC Student Health Services are confidential and no information is released without the student's written consent.

Contact RCTC Student Health Services at 507-285-7261 or HealthServices@rctc.roch.edu for more information or to schedule an appointment. Student Health Services is located at HS140, on the first floor Health Sciences building.

***This information can be made available in alternative formats upon request.
Please call the Disabilities Coordinator at (507) 280-2968-TTY.***

Immunization and Other Requirements for NURSING and other ALLIED HEALTH Students

Measles (Red Measles, Rubeola)

If born before 1957:

- Date of one measles or MMR vaccine **or**
- Physician diagnosis of disease **or**
- Report of immune titer proving immunity

If born in or after 1957:

- Physician diagnosis of disease **or**
- Dates of two doses of measles or MMR vaccine after one year of age **or**
- Report of immune titer proving immunity

Mumps

- Date of one mumps or MMR vaccine **or**
- History of disease

Rubella (German Measles)

- Date of one rubella or MMR vaccine **or**
 - Report of immune titer proving immunity
- Note: History of disease is not accepted.**

Tetanus/Diphtheria

- Date of booster vaccination within the last 10 years, REGARDLESS OF DATE OF BIRTH

Hepatitis B

- Date(s) of vaccination. (The Hepatitis B vaccine is given in a series of three doses. At minimum, this series must be started before beginning clinical experience.) **or**
- Signed declination letter **or**
- Report of positive antibody (if secondary to disease, a signed declination letter is required)

Tuberculin Test (Mantoux)

- Date and result of test within six months prior to beginning clinical experience and every 12 months after that while enrolled in Nursing or other Allied Health programs. If the test is positive, the individual must have a negative chest x-ray within six months prior to beginning clinical experience.

Chicken Pox (Varicella)

- History of disease **or**
- History of positive titer

Influenza

- Date of vaccine (must be between October 1st and December 31st and should be updated annually during this window of time.)

Physical Exam

- Medical Examination form (page 6) signed by health care provider within one year prior to beginning the Nursing or other Allied Health program.

Health Insurance

- Documentation of personal coverage including company name and policy numbers.

CPR

- Documentation of current Professional Rescuer certification.