RCTC Chiropractic Clinic

FACT: Massage therapy is the treatment of choice for muscular pain and dysfunction.

Massage therapy is based on the fact that the soft tissues - muscles, tendons, ligaments, and fascia, respond to touch. Most pain is myofascial (soft-tissue) in origin. Trigger points - sensitive points in muscles which radiate or refer pain to various parts of the body, can mimic many conditions. Muscles move our joints, stabilize them, and provide armor for our internal organs. What is the first thing we do when we feel pain? We grab it and rub it to alleviate our pain.

If you would like to schedule a massage please call 529-2736. Our charges for massage are as follows: 15 minutes of soft tissue massage is $8.00. 30 minutes of soft tissue massage is $16.00. 15 minutes of trigger point therapy is $10.00. 30 minutes of trigger point therapy is $20.00. We are also give full body massages. The RCTC Chiropractic Clinic is located at Heinz Center in Room HC211.

RCTC business cards

RCTC business cards are available to faculty and staff through the Communications/Marketing Department. Beginning in September, reorders and new requests will be processed on the 15th of each month and available by the beginning of the next month. This will allow us to take advantage of a cost savings by having a larger grouping of cards cut by our off-campus vendor. Requests that are received after the 15th of the current month will not be submitted until the following month’s grouping so please plan accordingly if your supply is getting low. A convenient on-line business card request form has been established on our website in the Communications/Marketing Department site. Please bookmark this page for future reference. If you have any questions concerning the business card process, please contact Jenee McGurren via e-mail or at x7270.

http://www.roch.edu/rctc/marketing/php/sendform2.php3
Supalla’s Scribblings

Official first day numbers reveal RCTC experienced another healthy increase in student enrollment. Total full-time equivalent (FYE) students grew from 3399 in 2000 to 3613 this year...a 6.3 percent increase. Headcount numbers increased from 4690 students last year to 4970 students (a 5.97 percent increase) this year. Troy Tynsky believes that when drop/add and late enrollments are counted on the tenth day of the semester (MnSCU’s official enrollment headcount), RCTC will have more than 5,000 students attending fall semester classes. How our numbers compare with other MnSCU enrollments will be shared as that information becomes available, but preliminary discussions with area colleges indicate their enrollment numbers also show significant increases. Thanks to all who had a role to play in attracting and welcoming both new and returning students back to campus. All indications are that we learned a great deal from last year’s enrollment surge and proactively put processes and procedures in place that made this year’s start much less stressful.

Student Right-To-Know is a federal law that requires all colleges and universities to disclose certain information to students. This handout provides the information that a college must provide to students on graduation rates and transfer-out rates for full-time students seeking degrees at RCTC. The graduation rate is the percentage of students who graduated from RCTC within three years. The transfer-out rate is the percentage of students who did not graduate from RCTC, but instead transferred to another college or university within three years. Please note that these rates do not report on all RCTC students. The full-time students were 20 percent of all students enrolled in the Fall of 1997. What are the graduation and transfer-out rates for RCTC students and how do they compare to rates for other colleges? The graduation rate for RCTC was 25%. Greater Minnesota Community and Technical Colleges had an average graduation rate of 40%. The national average graduation rate for similar colleges was 28%. The transfer-out rate for RCTC was 21%. Greater Minnesota Community and Technical Colleges had an average transfer-out rate of 18%. An additional 9% of the students were “still enrolled” at RCTC. The combination of the graduation rate, the transfer-out rate and the “still enrolled” rate for RCTC was 54%. Greater Minnesota Community and Technical Colleges had a combined rate of 63%. RCTC rates compare much more favorably with the rates of Metro Community and Technical Colleges than with Greater Minnesota institutions. Why don’t more RCTC students graduate or transfer in three years? Since RCTC has an “open door” mission, many new students need to take developmental courses to improve...
their reading, writing, or math skills before taking other colleges courses; students who switch from full-time to part-
time or “stop out” for one or more semesters are more likely to take more than three years to graduate; with a booming
economy, some students take jobs before they graduate; and some students delay their education for personal, family
or financial reasons. Please don’t hesitate to contact Troy Tynsky if you have questions regarding the most recent
Student Right-To-Know data.

Minnesota business leaders VanceOperand and Glen Taylor will head a new citizens’ advisory
commission that will help guide a strategic plan for Masco. Mary Choate, new chairwoman of the
Masco Board of Trustees, revealed that the two businessmen have agreed to lead the commission
which is being established to advise Chancellor McCormick and the board. The commission’s
creation is a key part of the chancellor’s first-year plan, which the board approved in July. If you
haven’t reviewed a copy of the Masco work plan, I encourage you to access it from the MnSCU web
site today at www.mnscu.edu (just click on MnSCU System and then the Chancellor’s Page).

I ran across two quotes in recent readings that seem to be as valid today as when they were first written…

➢ "I am increasingly impatient with people who ask whether a student is 'college material.' We are not building a
college with the student. The question we ought to ask is whether the college is student material. It is the student
we are building, and it is the function of the college to facilitate that process." – Edmund J. Glazer, Jr. 1970

➢ “Little wonder that when we asked students what influenced them most during their visit to a campus, about half
mentioned 'the friendliness of students we met.' But it was the buildings, the trees, the walkways, the well-kept
lawns – that overwhelmingly won out. The appearance of the campus is, by far, the most influential characteristic
during campus visits, and we gained the distinct impression that when it comes to recruiting students, the director
of facilities is more important than the academic dean.” – FROM SCHOOL TO COLLEGE, 1987.

**Quote for the week…**

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather at lack of will."

– Vince Lombardi

Thanks very much for helping RCTC get off to its most successful fall semester start ever. Happy Labor Day! Don

**Taher Food Service hours**

UCR Dining Room – Open M-F from 7:30am to 1:30pm
Heinz Center Snack Bar – Open M-F from 7:30am to 1:00pm

**Rochester Community and Technical College Minnesota State College Faculty (MSCF)
Meet and Confer Minutes – pages 4 & 5**
ITEM 1 (F) Committee Structure for 2001-2002 & ITEM 1 (A) Committee Structure Proposal for 2001-2002 – Sepals shared a proposed committee structure for 2001-2002. The main changes include eliminating Innovative Design and Technology Committees and adding additional responsibilities to the Teaching and Learning Committee. Shafer reiterated the faculty’s position to ensure committees understand recommendations need to be forwarded through the appropriate meet and confer process. ACTION: The faculty tentatively agreed to the 2001-2002 Committee Structure and the faculty will notify their members to report committee updates to the faculty association. A Faculty Reporter will also be added to each committee structure.

ITEM 2 (A) Exchange of View Meeting Process/Participation & ITEM 5 (A) Future Meeting Schedule for 2001-2002 – Wright proposed the Meet and Confer membership include six faculty representatives (three from the former RCCFA and three from the former UTCE). The rules are still being examined by the faculty and will be presented to the administrators at the next meeting. ACTION: The Committee’s official name will be MSCF Meet and Confer, and will meet on the fourth Tuesday of each month. Wright and Shafer will serve as Co-Faculty Chairs. Further discussions will be held at the next meeting.

ITEM 2 (F) Process for Dealing with Academic Cheating – Tacinelli questioned the College’s policy/procedures relating to academic dishonesty, specifically wondering if faculty can discipline students with a suspension and whether the College Administration needs to be notified of a student’s conduct for future monitoring. Harris responded faculty do not have the power to suspend students, and that it would not be legal to share such information with other faculty. Harris also announced the Masco/RCTC Student Conduct policy addresses some of the other issues, but a task force could review and forward recommendations for changes. ACTION: If faculty wish to further pursue modifications of the Student Conduct Policy it might be facilitated by the Teaching and Learning Committee or any committee recommendation will be forwarded through either Meet and Confer or Curriculum Council.

ITEM 3 (A) FY02 Budget – Supalla and Swenson announced tuition/fees for 2001-2002 have been approved by MnSCU, adding RCTC’s average is higher then the System average because of the technology fee increase. A recommendation will also be presented at a future meeting to increase work-study hourly rates to bring salaries up to a competitive level with the private sector. Harris encouraged faculty to utilize student workers who are already eligible for financial aid. Swenson also presented the 10% tuition increase scenario and reminded the faculty of the necessity to budget equipment replacement in departmental budgets. Those departments that have approved differential fees will use the funds for software purchases for their programs. Faculty budget meetings will commence in August. ACTION: The faculty approved Swenson’s recommendation to begin the budget process with 80% of last year’s non-personnel budget figures.
ITEM 3 (F) Program Cancellation/Summer Registration and Testing – Shafer shared the faculty’s concern that some summer courses were cancelled too early and rumors that students were unable to test during July, hence the possibility of losing new students. Harris clarified the Phlebotomy program was created because of a need by Mayo employees, however enrollment has not increased. Instead the program has been competing with a Mayo program, hence the agreement to suspend, for two semesters, then evaluate. Thompson was not aware of students being turned away for testing. ACTION: Thompson will follow-up with the Enrollment Services Department to clarify the “walk-in” testing process.

ITEM 4 (A) Staffing Update – Sheehan distributed a current staffing update. ACTION: Harris will distribute a list of the program coordinators/department chairs via e-mail. Harris will also request the Information Technology Department create a MSCF group list on GroupWise for future e-mail distribution.

ITEM 4 (F) Summer Class Cancellation – Shafer requested a list of all summer session classes that were cancelled due to low enrollment and the date the courses were cancelled. ACTION: Harris will provide the summer class cancellation list to Shafer.

ITEM 6 (A) Financial Satisfactory Academic Progress Policy (1st Reading) – Thompson presented changes to the current Financial Aid Satisfactory Academic Progress policy, noting the changes would align with financial aid regulations. Wright requested the percentage reflect actual financial aid regulations and be changed from 67% to 66.66%. ACTION: The faculty waived a second reading of the policy changes and recommended approval with the 66.66% change.

ITEM 7 (A) Chancellor McCormick’s Work Plan – Supalla distributed a copy of Chancellor McCormick’s work plan, noting that several RCTC goals align with the Chancellor’s plan. ACTION: Information Only.

ITEM 8 (A) Course Readiness Policy – Harris announced the Course Readiness Policy was approved through the Curriculum Council meet and confer process and a final draft of the procedures will be shared with faculty/staff during the August Staff Development Day. ACTION: Information Only.

ITEM 5 (F) Tutoring Availability During Summer – Shafer shared faculty’s concerns with students wanting tutoring and the unavailability of tutors to serve them. ACTION: Thompson will investigate the tutoring unavailability, and follow-up with Shafer.

Adjourned at 11:20 a.m.

Next Meeting: August 28, 2001 – 2:00pm – Presidents’ Room