

Course discipline/number/title: CHW 1000: Community Health Worker Role, Advocacy Outreach and Resources

A. CATALOG DESCRIPTION

1. **Credits:** 2
2. **Hours/Week:** 3
3. **Prerequisites (Course discipline/number):** None
4. **Other requirements:** None
5. **MnTC Goals (if any):** NA

B. COURSE DESCRIPTION: This course defines the role of the Community Health Worker (CHW). Students will explain strategies for personal safety in relations to home visits. Students will also gain an understanding of value of self-care, and personal wellness. Students will also become familiar with the health-related needs of their communities and cultural considerations. Students will learn about their role as a liaison, connecting clients and appropriate community resources.

C. DATE LAST REVISED (Month, year): March, 2021

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Community Health Worker scope of practice
2. Goal setting and time management
3. Cultural awareness
4. Professional networking strategies
5. Identifying community resources

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Identify the CHW Scope of Practice as defined by the MN CHW Alliance.
2. Recognize emergency situations and communicate appropriate responses while describing personal safety measures.
3. Identify best practices for self-care and personal wellness by developing time management and SMART goal setting skills.
4. Describe effective strategies for collaborating with relevant community agencies and health care providers.
5. Support clients and healthcare providers in "translating" culture specific behaviors in order to promote needed services and resources.
6. Utilize networking skills to ensure proper engagement of services and resources for clients and their families.
7. Develop and format a client focused resource brief by recognizing and using quality resources with essential agency information.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Discussions
2. Quizzes
3. Papers

H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcomes(s):
Communication. Students will communicate appropriately for their respective audiences.

Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

I. SPECIAL INFORMATION (if any): None