

Course discipline/number/title: FYEX 1000: College Success Strategies

A. CATALOG DESCRIPTION

1. Credits: 1
2. Hours/Week: 1
3. Prerequisites (Course discipline/number): None
4. MnTC Goals (if any): NA

This course introduces proven strategies to help students create greater success in college. It provides an active environment for students to identify and engage in choices that promote successful academic and career decision-making. Students will also explore campus resources, learning preferences, and active learning strategies.

B. DATE LAST REVISED (Month, year): February, 2018

C. OUTLINE OF MAJOR CONTENT AREAS:

1. Community College Experience
  - a) Qualities of the community college
  - b) Awareness of differences in others
  - c) Academic and career planning
  - d) Interdependence and seeking help
  - e) Learning resources and student support resources available at Rochester Community and Technical College
2. Qualities of Successful Students
  - a) Personal responsibility
  - b) Self-motivation and goal-setting
  - c) Purposeful actions, financial success, and time management
  - d) Understanding stress and emotional intelligence
  - e) Self-awareness
3. Learning Preferences
4. Active Learning

D. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Evaluate strengths and weaknesses as a successful student.
2. Create a short-term academic and long-term career plan.
3. Identify available campus resources.
4. Demonstrate the qualities of personal responsibility inside the classroom.
5. Discover learning preferences and active learning strategies.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:

Methods may include but are not limited to:

1. Reflective writing assignments
2. Quizzes
3. Participation in class sessions
4. Written academic and career plan

G. RCTC CORE OUTCOME(S) ADDRESSED:

Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

Personal and Professional Accountability. Students will take responsibility as active learners for achieving their educational and personal goals.

H. SPECIAL INFORMATION (if any): None