

Course discipline/number/title: HLTH 1109: Community CPR/First Aid and Safety

A. CATALOG DESCRIPTION

1. Credits: 1
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. MnTC Goals (if any): NA

This course prepares the student to recognize an emergency, implement an emergency action plan, provide basic emergency care, and learn methods of preventing injuries and emergencies. Skill assessment will be included for the following: assessing a victim; breathing emergencies; obstructed airway techniques; CPR techniques for conscious and unconscious adults, children, and infants; control of bleeding; treating shock; and applying splints and slings. Upon successful completion of the American Red Cross Community First Aid & Safety criteria, and testing fee payment, students successfully completing this course will receive the appropriate certificates from the American Red Cross.

B. DATE LAST REVISED (Month, year): April, 2017

C. OUTLINE OF MAJOR CONTENT AREAS:

1. Recognizing Emergencies, Deciding to Act and Taking Action
2. Checking the Victim and Evaluating the Scene
3. Adult, Child and Infant Life-Threatening Emergencies
4. Cardiac Emergencies
5. Injuries to Muscles, Bones and Joints
6. Soft Tissue Injuries and Burns
7. Sudden Illness, Poisoning and Heat/Cold Emergencies
8. Special Considerations Caring for the Young and the Elderly
9. Developing Healthy Lifestyles

D. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Recognize signs of an emergency and respond.
2. Assess the scene in an emergency and implement an emergency action plan.
3. Demonstrate emergency care for an adult, child and infant, conscious or unconscious, in a variety of life-threatening emergency situations.
4. Demonstrate emergency care for an adult, child and infant, with soft tissue injuries, burns, poisonings, Heat-related and cold-related emergencies or sudden illness.
5. Demonstrate emergency care for an adult, child and infant, with injuries to muscles, bones, and joints.
6. Demonstrate emergency care for an adult, child and infant, suffering from shock.
7. Describe methods for preventing heart and cardiovascular disease.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:

Methods may include but are not limited to:

1. Written Assignments
2. Practical Skill Evaluations
3. Written Exams

G. RCTC CORE OUTCOME(S) ADDRESSED:

Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

H. SPECIAL INFORMATION (if any): None