

Course discipline/number/title: HLTH 1132: Drug Use and Abuse

A. CATALOG DESCRIPTION

1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): None
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course allows students to explore many of the historical and current patterns associated with the use of drugs in our society and other cultures and societies of the world. Students will examine their attitudes, values, and assumptions concerning drug use. Discussions will include the social, legal, medical, psychological, and rehabilitative aspects of drug use.

C. DATE LAST REVISED (Month, year): February, 2022

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Drug Use in Modern Society
2. How Drugs Work and Their Effects
3. Uppers and Downers Use and Effects
4. Alcohol Use and Effects
5. Familiar Drug Use and Effects
6. Restricted Drugs Use and Effects
7. Prevention and Treatment Modalities

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Discuss the definition of the term "drug" and distinguish among illicit drug use, deviant drug use, drug misuse, drug abuse, and addiction.
2. Describe the significant historical developments, which contributed to the perceptions and usage of drugs in our society today.
3. Explain the need for chemical communication within the body, and the effect of drugs on this communication.
4. Describe the pharmacological basis of drug actions.
5. Discuss the current use of alcohol, tobacco, and marijuana among different age and social groups.
6. Recognize and explain the features of effective substance abuse and prevention programs.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Objective Tests
2. Essay Tests
3. Group Discussions
4. Class Participation
5. Writing Assignments

H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Personal and Professional Accountability. Students will take responsibility as active learners for achieving their educational and personal goals.

I. SPECIAL INFORMATION (if any): None