

Course discipline/number/title: HS 1720: Co-occurring Disorders

A. CATALOG DESCRIPTION

1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): ENGL 1117
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course provides students with a basic understanding of substance use and mental health disorders, across the lifespan, as described in the current Diagnostic and Statistical Manual of Mental Disorders (DSM). This course describes the impact of these disorders on self and others. Differential diagnosis and co-occurring interaction of these disorders with other substance use and mental health disorders will also be discussed.

C. DATE LAST REVISED (Month, year): December, 2024

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Overview of substance use and mental health disorders.
  - a) History, prevalence, and disease progression
  - b) Risk and prognostic factors
  - c) Culture, age, and gender related issues
2. Diagnosis of Substance and mental health disorders.
  - a) Symptomology and specifier(s)
  - b) Associated features, differential diagnosis, and co-morbidity
  - c) Classification and coding
  - d) Ethical, legal, and cultural issues
3. Screening and assessment of substance and mental health disorders.
  - a) General vs disorder specific
  - b) Suicide and mental status
  - c) Placement guidelines and standards
  - d) Treatment planning
4. Best practices for treating substance use and mental health disorders.
  - a) Crisis and counseling interventions/techniques
  - b) Case management, education, and service coordination
  - c) Medication

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Recognize co-occurring disorder concepts from the DSM.
2. Demonstrate appropriate case formulation, diagnosis, and treatment planning skills.
3. Identify symptoms of common substance use and mental health disorders.
4. Examine risk and protective factors which influence disease progression.
5. Analyze diagnostic similarities and differences amongst common co-occurring disorders.
6. Compare co-occurring interactions in common disorders.
7. Identify community resources necessary for client growth.
8. Discover co-occurring disorder treatment best practices.
9. Identify common substance use and mental health screening and assessment tools.
10. Discuss impact of co-occurring disorders on the wellbeing of self and others.
11. Identify ethical and legal issues relevant to mental health and substance use counseling.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Papers
2. Quizzes
3. Discussions



- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:  
Continued. . .
4. Presentations
  5. Case Studies
  6. Performance based projects
- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s):  
Communication. Students will communicate appropriately for their respective audiences.
- I. SPECIAL INFORMATION (if any): None