

Course discipline/number/title: HS 1760: Multicultural Aspects of Addiction

A. CATALOG DESCRIPTION

1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): ENGL 1117
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course focuses on developing multicultural awareness and competency as it relates to counseling clients from diverse backgrounds. This course provides students with a general overview of many cultures and subcultures by understanding their history, geographic origin, identity, beliefs, norms, language, and support systems. This course also provides an overview of the counseling skills and techniques necessary to interact with a variety of cultural backgrounds in the addiction counseling field. Emphasis will be placed on the unique treatment needs of individuals from diverse populations and the implementation of consultation and referral when necessary.

C. DATE LAST REVISED (Month, year): March, 2019

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Racism in America
2. Ethical and legal issues associated with multicultural counseling
3. Cultural suitable counseling skill and theory
4. Mental health and substance use disorders
5. Gender, sexual orientation, social economic status, age, and disability
6. Spiritual and religious groups
7. Racial and ethnic groups
8. Drug culture

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Understand how racism impact a culturally diverse client.
2. Identify ethical, legal, and multicultural counseling concepts.
3. Evaluate ethical and legal issues related to counseling culturally diverse clients.
4. Reflect on current ability to counsel clients from diverse backgrounds whom have mental and or substance use disorders.
5. Assess how personal values, assumptions, and bias effect ability to counsel culturally diverse clients.
6. Develop culturally appropriate counseling skills and theoretical frame.
7. Describe the unique experiences and needs of a cultural group.
8. Design an educational curriculum on a special population.
9. Identify factors which shaped a culturally diverse clients world view and influence their willingness to participate in addictions and mental health counseling.
10. List multicultural appropriate community resources, consultation options, and referral agencies necessary for culturally diverse client at a national, state, and local level.
11. Examine the unique treatment needs of individuals and families from a variety of cultural backgrounds.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Research papers
2. Reflection papers
3. Quizzes and exams
4. Group activities
5. Interpersonal counseling demonstrations
6. Presentations
7. Case studies
8. Resource projects



- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s):  
Global Awareness and Diversity. Students will demonstrate an understanding of and respect for human diversity through their words and actions.
- I. SPECIAL INFORMATION (if any): None