ROCHESTER COMMUNITY AND TECHNICAL COLLEGE

COMMON COURSE OUTLINE

Course discipline/number/title: HS 1770: Alcohol and Drug Counseling Practicum I

A.   CATALOG DESCRIPTION
   1. Credits: 3
   2. Hours/Week: 440 hours arranged over the course of the semester offsite. 1-hr. weekly seminar.
   3. Prerequisites (Course discipline/number): HS 1710 and HS 1750
   4. Other requirements: Admission to the RCTC Alcohol and Drug Counseling Program or Certificate
   5. MnTC Goals (if any): NA

B.   COURSE DESCRIPTION: Students in Practicum I will demonstrate their mastery of academic coursework in the 12-core functions of an alcohol and drug counselor, while completing a minimum of 440 hours of clinical practice under the supervision of a Licensed Alcohol and Drug Counselor, or other qualified professional. During regularly scheduled seminar meetings students will discuss ethical and professional considerations, boundary setting, interpersonal conflicts, and their engagement in the therapeutic process. Furthermore, students will share with one another their practicum experiences, challenges, successes, areas for improvement, and progress in the twelve core functions. Admission to the RCTC Alcohol and Drug Counseling Program or Certificate.

C.   DATE LAST REVISED (Month, year): May, 2021

D.   OUTLINE OF MAJOR CONTENT AREAS:
   1. Twelve core functions
       a) Client screening, intake, orientation, and assessment
       b) Treatment planning, counseling skills, and case management
       c) Crisis intervention and client education
       d) Referral, record keeping (documentation), and consultation
   2. Trans-disciplinary foundations of alcohol and drug counseling
       a) Pharmacological aspects of addiction
       b) Co-occurring disorders
   3. Ethical issues in clinical practice
       a) Decision making and self-care
       b) Multicultural and diversity
       c) Client rights, counselor responsibilities and needs
       d) Confidentiality, boundaries, competency, and training
       e) Supervision and consultation
   4. Legal issues in clinical practice
       a) State laws
       b) Federal laws

E.   LEARNING OUTCOMES (GENERAL): The student will be able to:
   1. Exhibit satisfactory trans-disciplinary skill and knowledge as it relates to the 12-core functions of an alcohol and drug counselor.
   2. Demonstrate acceptable ethical practice.
   3. Display satisfactory legal practice by complying with state and federal licensing statutes, rules, and regulations.
   4. Exhibit professional behavior and attitudes by following college and internship site policies and practices.
   5. Locate state licensing and testing resources.
   6. Complete a minimum of 440 hours of supervised practice.

F.   LEARNING OUTCOMES (MNTC): NA

G.   METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
   1. Case studies.
   2. Journals.
   3. Reflection papers.
   4. Research papers.
   5. Supervisory evaluations.

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
Continued. . .
   6. Self-evaluations.
   7. Time sheets.
   8. Skills or competency checklist and sheets.
   9. Assessment documentation.
   10. Case management files.
   11. Presentations.
   12. Projects.
   13. Skill demonstrations.
   14. Direct Observations.

H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s):
Personal and Professional Accountability. Students will take responsibility as active learners for achieving their educational and personal goals.

I. SPECIAL INFORMATION (if any):
Students must be admitted to RCTC's ADC program or certificate and they must pass a MN background check/ study prior to starting their practicum. Students may not start their practicum until permission has been given to them by their instructor. Students are encouraged to purchase personal liability insurance. Students in practicum II will complete a minimum of 440 hours of supervised addiction counseling practices under a Licensed Alcohol and Drug Counselor or other qualified professional. Students are responsible for finding their own practicum. This class is pass/fail.