

Course discipline/number/title: HS 1781: Crisis Intervention and Prevention

A. CATALOG DESCRIPTION

1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): None
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course provides students with an overview of crisis intervention theories as it relates to the behavioral health and education professions. Preventative techniques, strategies, and models will be explored. Risk assessment, community plans of action, supportive resources, and crisis specific situations will also be discussed. College level reading and writing is needed for this class.

C. DATE LAST REVISED (Month, year): May, 2021

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Crisis intervention and prevention theory
2. Approaches to crisis intervention
3. Communication and negotiation techniques
4. Crisis Intervention for specific situations and disorders
5. Crisis intervention in specific settings

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Recognize the different types of crises.
2. Identify suicide, lethality, and risk factors.
3. Recall major components of a crisis assessment.
4. Evaluate correlation between addiction, trauma, mental health, and crisis.
5. Recognize crisis prevention and intervention models.
6. Practice crisis, communication and negotiation techniques.
7. Identify support systems and services for clients in crisis.
8. Examine Trauma Informed Care.
9. Design prevention class and plans.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Papers
2. Quizzes/exams
3. Group activities
4. Role play and simulations
5. Presentations
6. Projects
7. Case scenario and studies

H. RCTC CORE OUTCOME(S): This course contributes to meeting the following RCTC Core Outcome(s): Communication. Students will communicate appropriately for their respective audiences.

I. SPECIAL INFORMATION (if any): None