

# **ROCHESTER COMMON COURSE OUTLINE**

## Course discipline/number/title: PHED 1100: Badminton

#### CATALOG DESCRIPTION Α.

- 1. Credits: 1
- 2. Hours/Week: 2
- 3. Prerequisites (Course discipline/number): None
- 4. MnTC Goals (if any): NA

This course is designed to acquaint students with the game of badminton. Participants will be taught proper rules and techniques used in playing the game of badminton, i.e., serves, drives, clears, smashes, and drops. Emphasis will be placed on both singles and doubles game strategies to match recreational or competitive situations.

DATE LAST REVISED (Month, year): April, 2017 Β.

#### C. OUTLINE OF MAJOR CONTENT AREAS:

- 1. History of the game of badminton.
- 2. Stroke Development including, but not limited to; short serve, long serve, underhand clear, overhead clear for both offensive and defensive situations, smash, overhead and hairpin drops, drives and passing shots.
- 3. Scoring for both singles and doubles play.
- 4. Various tournament play formats
- 5. Application of both singles and doubles strategy.
- D. LEARNING OUTCOMES (GENERAL): The student will be able to:
  - 1. Demonstrate serving techniques the short serve, long serve and clear.
  - 2. Perform a variety of additional strokes and apply them to game play, drive, smash and drop.
  - Implement and apply game strategies for both singles and doubles play. 3.
  - Demonstrate knowledge about the history of badminton. 4.
  - 5. Demonstrate with performance of shot selection in competitive situations, scoring technique, and various strategies in both singles and doubles play.
- LEARNING OUTCOMES (MNTC): NA E.

### F. METHODS FOR EVALUATION OF STUDENT LEARNING:

Methods may include but are not limited to:

- 1. Attendance/Participation
- 2. Skill tests
- 3. Written Assignments
- 4. Written Exam
- G. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.
- Η. SPECIAL INFORMATION (if any): None