

Course discipline/number/title: PHED 1103: Social Dance

A. CATALOG DESCRIPTION

1. Credits: 1
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course provides the opportunity to develop physical skills in the performance of a number of social/ballroom dances, as well, as an appreciation for the art and skill of social dance. The dances will include a variety of steps in the fox-trot, waltz, swing, two-step, mambo, rumba, cha-cha, polka and line dance.

C. DATE LAST REVISED (Month, year): December, 2021

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Basic ballroom dance steps and patterns
2. Country line dance skills
3. Dance floor and partner etiquette
4. Visual and audio recognition of music, rhythm and dance Steps

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Perform the basic steps of all dances.
2. Perform the aforementioned skills in a synchronized fashion in relation to the rhythm of specific music.
3. Audibly recognize the different styles and tempos of music and match with appropriate dance steps.
4. Demonstrate the ability to lead or follow, according to the specific ballroom dance steps.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include, but are not limited to:

1. Daily Participation
2. Skills test
3. Written test

H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s).
Personal and Professional Accountability. Students will take responsibility as active learners for achieving their educational and personal goals.

I. SPECIAL INFORMATION (if any): None