

Course discipline/number/title: PHED 1113: Social Dance II

A. CATALOG DESCRIPTION

1. Credits: 1
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course provides the opportunity to develop a more advanced variety of step patterns, style and skill in the performance of a number of social/ballroom dances, as well as deeper appreciation for the art and skill of social dance. This course will review, enhance and develop to the next level, dances previously learned in PHED 1103. Social Dance: Foxtrot, Waltz, Two-Step, Swing, Polka, Cha-Cha, Mambo, and Rumba, as well as several contemporary line dances. New dance skills will be introduced as well, with Night Club Two Step offering a midrange dance tempo alternative, Cumbia which is a step of Latin dance influence that can be performed at a range of tempos and the American Tango, which takes social dancing to a more complex level of synchronized and precision movements.

C. DATE LAST REVISED (Month, year): February, 2019

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Ballroom Dance Skills Reviewed
  - a) Foxtrot
  - b) Waltz
  - c) Two-Step
  - d) Swing
  - e) Polka
  - f) Cha-Cha
  - g) Mambo
  - h) Rumba
2. Ballroom Dance Skills Introduced
  - a) Night Club Two-Step
  - b) Cumbia
  - c) American Tango
3. Contemporary Line Dance Skills
  - a) American Country
  - b) Contra
  - c) Folk
4. Dance Performance
5. Dance and Dance Floor Etiquette
6. Visual Recognition of Dances
7. Audio Recognition of Music Styles to Match Dance Patterns
8. Dance History

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Perform basic steps of the Foxtrot, Waltz, Two-Step, Swing, Polka, Cha-Cha, Mambo, Rumba, Night Club Two Step, Cumbia, and American Tango as well as line, contra and folk dances.
2. Perform personalized step patterns of the Foxtrot, Waltz, Two-Step, Swing, Polka, Cha-Cha, Mambo, Rumba, Night Club Two Step, Cumbia and American Tango as well as line, contra and folk dances.
3. Perform the aforementioned skills in a synchronized fashion in relation to appropriate music.
4. Audibly recognize the different types of ballroom dances and line dances.
5. Demonstrate the ability to lead or follow according to the specific ballroom dance steps.

F. LEARNING OUTCOMES (MNTC): NA

- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
1. Attendance/Participation
  2. Daily exercises
  3. Written Exams
  4. Practical Skills Exam
- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s):  
Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.
- I. SPECIAL INFORMATION (if any): None