

Course discipline/number/title: PHED 1130: Tennis

A. CATALOG DESCRIPTION

1. Credits: 1
2. Hours/Week: 2
3. Prerequisites (Course discipline/number): None
4. MnTC Goals (if any): NA

This course is designed to cover the basic fundamentals of tennis. Skill development will include ground strokes, passing shots, overhead and drop shots as they pertain to usage in the game. Competitive play, scoring and aspects of short game and net play will also be implemented as integral components of the game. This course aims to assist the learner to develop skills to continue the game of tennis as a recreational and lifelong skill.

B. DATE LAST REVISED (Month, year): November, 2017

C. OUTLINE OF MAJOR CONTENT AREAS:

1. History of Tennis
2. Stroke Development of Ground, Overhead, Passing and Drop Shots
3. Using Net Play as a Strategy
4. Rules of Tennis for Singles and Doubles Play
5. Scoring for Singles and Doubles Play
6. Strategies for Singles and Doubles Tournament Play

D. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Explain the history and evolution of the game of tennis.
2. Demonstrate basic game skills for serve, ground strokes and net play.
3. Explain and apply both offensive and defensive strategies for competitive play.
4. Explain and apply strategies for singles and doubles play.
5. Explain and apply the rules of tennis.
6. Explain shot selection in a variety of specific match situations.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:

Methods may include but are not limited to:

1. Participation
2. Practical Skill Testing
3. Written Assignments
4. Quizzes and Exams

G. RCTC CORE OUTCOME(S) ADDRESSED:

Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

H. SPECIAL INFORMATION (if any): None