

Course discipline/number/title: PNM 1210: Success in Nursing

- A. CATALOG DESCRIPTION
1. Credits: 1
 2. Hours/Week: 1
 3. Prerequisites (Course discipline/number): None
 4. Other requirements: None
 5. MnTC Goals (if any): NA
- B. COURSE DESCRIPTION: The course is designed to assist the student to develop life management skills that support success in nursing school and future career positions. Emphasis placed on the practical application of topics such as stress, time management, motivation, goal setting, and learning style. The variety of educational and career opportunities and survival tips for a successful nursing education experience discussion.
- C. DATE LAST REVISED (Month, year): February, 2023
- D. OUTLINE OF MAJOR CONTENT AREAS:
1. Self-Motivation
 2. Learning styles
 3. Nursing as a profession
 4. Wellness and self-care strategies
 5. Problem Solving/Critical Thinking Skills
 6. Time Management Skills
 7. Study strategies according to learning style
 8. Test Taking Strategies
- E. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Identify short and long-term goals for their personal and professional growth.
 2. Identify their personality/learning style and techniques that support their learning.
 3. Develop study skills and test taking techniques to improve performance.
 4. Develop time management techniques to increase personal and professional success.
 5. Develop habits to enhance learning readiness.
- F. LEARNING OUTCOMES (MNTC): NA
- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
1. Reflection Paper
 2. Small projects
 3. Discussion Groups
 4. Exams
- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Personal and professional accountability. Students will take responsibility as active learners for achieving their educational and personal goals.
- I. SPECIAL INFORMATION (if any): None