

Course discipline/number/title: PNM 1320: Family and Mental Health Concepts

- A. CATALOG DESCRIPTION
1. Credits: 6
  2. Hours/Week: 4 hours lecture per week for 16 weeks. 10 hours lab/clinical per week for 8 weeks. Course is 16 weeks.
  3. Prerequisites (Course discipline/number): PNM 1200, PNM 1210, PNM 1250
  4. Other requirements: Satisfactory completion of Semester I requirements in the PN program sequence must be met before enrolling.
  5. MnTC Goals (if any): NA
- B. COURSE DESCRIPTION: This course introduces concepts related to mental health, obstetric, and pediatric nursing. Basic principles of mental health well-being and common mental health disorders is introduced. This course also introduces concepts related to contraception, conception, antenatal, labor and delivery and postpartum nursing care as well as common complications. The pediatrics portion includes concepts related to theories of growth and development, congenital disorders, and common pediatric health disorders. Special topics include therapeutic communication, cultural diversity and utilizing standardized evidence-based assessment tools with adults and children in clinical and lab/simulation settings. Clinical experiences occur in in-patient and a variety of out-patient/community settings.
- C. DATE LAST REVISED (Month, year): May, 2023
- D. OUTLINE OF MAJOR CONTENT AREAS:
1. Mental health and well-being
  2. Mental health disorders
  3. Concepts related to women's health, conception and contraception
  4. Antenatal, labor, delivery and post-partum collaborative nursing care and common complications
  5. Normal growth and development
  6. Physiological concepts affecting the infant and child
  7. Psychosocial concepts affecting the infant and child
  8. Common mental health, OB and pediatric medications
- E. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Utilize therapeutic communication techniques with adults and children.
  2. Conduct, interpret and report evidence-based assessment tool findings with adults and children.
  3. Describe collaborative nursing care of clients experiencing mental health, OB and pediatric complications.
  4. Identify principles of human growth and development.
  5. Implement safe and appropriate nursing care with adults and children within the LPN scope of practice.
  6. Describe common medications used with mental health, OB and pediatric clients.
- F. LEARNING OUTCOMES (MNTC): NA
- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
1. Exams and quizzes
  2. Clinical assignments
  3. Clinical evaluation
- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Communication. Students will communicate appropriately for their respective audiences.
- I. SPECIAL INFORMATION (if any): None