

Course discipline/number/title: POFS 2103: Defensive Tactics

A. CATALOG DESCRIPTION

1. Credits: 2
2. Hours/Week: 4 lab
3. Prerequisites (Course discipline/number): Program Approval
4. Other requirements: Peace Officer or Criminal Justice Major
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course works to install confidence to overcome physical resistance and to control the person under arrest or being restrained. This course aids to reduce the likelihood of injury to the peace officer, minimize the use of excessive force and positive self-image with physical and mental conditioning. Basic techniques on how to best defend against certain common types of attack and reasonable force necessary to overcome the resistance being offered, analysis of physical confrontations and basic principles are demonstrated with practical exercises. Lectures include terminology used when documenting and testifying in court regarding the use of force compliance techniques. The use of chemical agents is also covered. Students will learn proper deployment techniques and then be exposed to chemical agents. In order to enroll in this course a student must have approval by a Minnesota Professional Peace Officer Education Program Coordinator and successful completion of psychological and physical exams. Completion Requirements: A minimum of a "C" grade will be required to pass this course.

C. DATE LAST REVISED (Month, year): February, 2023

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Pressure Point Control Tactics
  - a) Handcuffing
  - b) Joint locks
  - c) Pressure points
  - d) Defensive counterstrikes
  - e) Shoulder pin restraint
  - f) Straight baton technique
    - i. Proper stance
    - ii. Proper strikes
2. Chemical Agents
  - a) Use of force
  - b) Explanation of chemical agents
  - c) Proper deployment of agents
3. Decontamination of suspects

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Explain and demonstrate the different positions of approach to a suspect.
2. Explain and demonstrate how to handcuff a suspect.
3. Explain and demonstrate how to take down a resistant suspect.
4. Explain and demonstrate the importance of pressure points.
5. Explain and demonstrate Defensive counter strikes.
6. Demonstrate baton extension.
7. Explain and demonstrate different levels of force.
8. Explain and demonstrate interview and defensive stances.
9. Explain and demonstrate baton strikes.
10. Explain and demonstrate deployment of chemical agents.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Written exam(s) and practical exam for:
  - a) Pressure Point Control Tactics (National Certification Exam)

- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:  
Continued. . .
  - b) Chemical Agents
  
- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s):  
Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.
  
- I. SPECIAL INFORMATION (if any): None