

Course discipline/number/title: REC 2223: Outdoor Education and Recreation

- A. CATALOG DESCRIPTION
1. Credits: 3
 2. Hours/Week: 6
 3. Prerequisites (Course discipline/number): None
 4. Other requirements: None
 5. MnTC Goals (if any): NA
- B. COURSE DESCRIPTION: This course is designed to provide students an enrichment of learning through the use of different outdoor experiences. A special emphasis will be placed on practical application of outdoor education and recreational activities in the natural setting.
- C. DATE LAST REVISED (Month, year): March, 2020
- D. OUTLINE OF MAJOR CONTENT AREAS:
1. Reasons for Outdoor Recreation
 2. Inventory of Resources
 3. Recreational Planning Process
 4. Basic Safety Practices
 5. Fundamentals of Canoeing and Camping
 6. Leave No Trace
- E. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Plan a safe group outing for 4-6 students.
 2. Demonstrate their understanding of "Leave No Trace" as a responsible individual.
 3. Identify hazards in the outdoors, safety measure to prevent accidents, and emergency procedures in case of an accident.
 4. Demonstrate basic canoe skills.
- F. LEARNING OUTCOMES (MNTC): NA
- G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:
1. Skill Evaluation
 2. Participation
 3. Written tests
- H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.
- I. SPECIAL INFORMATION (if any):
1. A fee is charged for outfitting, transportation, and course activities.
 2. The Boundary Waters is the preferred location of the group experience, if it is inaccessible a new location will be chosen.