

Course discipline/number/title: REC 2223: Outdoor Education and Recreation

A. CATALOG DESCRIPTION

1. Credits: 3
2. Hours/Week: 6
3. Prerequisites (Course discipline/number): None
4. Other requirements: None
5. MnTC Goals (if any): NA

B. COURSE DESCRIPTION: This course is designed to provide students an enrichment of learning through the use of different outdoor experiences. A special emphasis will be placed on practical application of outdoor education and recreational activities in the natural setting.

C. DATE LAST REVISED (Month, year): March, 2020

D. OUTLINE OF MAJOR CONTENT AREAS:

1. Reasons for Outdoor Recreation
2. Inventory of Resources
3. Recreational Planning Process
4. Basic Safety Practices
5. Fundamentals of Canoeing and Camping
6. Leave No Trace

E. LEARNING OUTCOMES (GENERAL): The student will be able to:

1. Plan a safe group outing for 4-6 students.
2. Demonstrate their understanding of "Leave No Trace" as a responsible individual.
3. Identify hazards in the outdoors, safety measure to prevent accidents, and emergency procedures in case of an accident.
4. Demonstrate basic canoe skills.

F. LEARNING OUTCOMES (MNTC): NA

G. METHODS FOR EVALUATION OF STUDENT LEARNING: Methods may include but are not limited to:

1. Skill Evaluation
2. Participation
3. Written tests

H. RCTC CORE OUTCOME(S). This course contributes to meeting the following RCTC Core Outcome(s): Critical Thinking. Students will think systematically and explore information thoroughly before accepting or formulating a position or conclusion.

I. SPECIAL INFORMATION (if any):

1. A fee is charged for outfitting, transportation, and course activities.
2. The Boundary Waters is the preferred location of the group experience, if it is inaccessible a new location will be chosen.