

RCTC PROGRAM PLAN

ALCOHOL AND DRUG COUNSELING

Associate of Science

I. MINNESOTA TRANSFER CURRICULUM (MnTC)/

GENERAL EDUCATION REQUIREMENTS.....34 CREDITS

Complete at least 30 credits in courses from the Minnesota Transfer Curriculum (MnTC), including all courses listed. You must complete at least one course in six of the ten goal areas.

GOAL 1: WRITTEN AND ORAL COMMUNICATION7 CR

COMM 1114, Fundamentals of Public Speaking, 3 cr
ENGL 1117, Reading and Writing Critically I, 4 cr

GOAL 3: NATURAL SCIENCES4 CR

BIOL 1110, Human Biology, 4 cr

GOAL 4: MATHEMATICS/SYMBOLIC SYSTEMS4 CR

MATH 1090, Statway Statistics II, 4 cr **OR**
MATH 2208, Fundamentals of Statistics, 4 cr

GOAL 5: HISTORY AND THE SOCIAL AND BEHAVIORIAL SCIENCES10 CR

PSYC 2618, General Psychology, 4 cr
PSYC 2626, Human Growth and Development, 3 cr
SOC 1614, Introduction to Sociology, 3 cr

GOAL 6: HUMANITIES - THE ARTS, LITERATURE AND PHILOSOPHY3 CR

Credits from MnTC Goal 6

GOAL 7: HUMAN DIVERSITY.....3 CR

COMM 1130, Interpersonal Communication, 3 cr

ANY OTHER MnTC GOAL.....3 CR

Three credits from MnTC Goal 8, 9 or 10

II. PROGRAM CORE REQUIREMENTS.....22 CREDITS

HS 1710, Foundations of Alcohol and Drug Counseling, 3 cr
HS 1720, Co-Occurring Disorders, 3 cr
HS 1730, Screening and Assessment of Disorders, 2 cr
HS 1740, Pharmacology of Addiction, 2 cr
HS 1750, Case Management and Ethics, 3 cr
HS 1760, Multicultural Aspects of Addiction, 3 cr
HS 1770, Alcohol and Drug Counseling Practicum I*, 3 cr
HS 1780, Alcohol and Drug Counseling Practicum II*, 3 cr

III. PROGRAM CORE REQUIREMENTS.....4 CREDITS

Choose a total of 4 credits from the following courses:

RCTC PROGRAM PLAN

HS 1765, Counseling Theory and Practice, 3 cr
HS 1781, Crisis Intervention and Prevention, 3 cr
HS 1782, Addiction, Society and the Justice System, 1 cr
HS 1783, At-Risk Children, Youth and their Families, 3 cr
HS 1785, Overview of Applied Behavioral Analysis, 1 cr

TOTAL.....60 CREDITS

PROGRAM OUTCOMES:

Upon completion of the Alcohol and Drug Counseling program at RCTC, students will achieve the following outcomes:

- Analyze ecological aspects of addiction.
- Evaluate psychopharmacological features of addiction.
- Recognize ethical and legal issues influencing counseling practice.
- Exhibit professional standards of counseling practice.
- Examine how diversity influences case conception.
- Recognize co-occurring conditions that influence case conception.
- Examine intake, screening, and orientation protocol.
- Prepare a comprehensive chemical dependency assessment.
- Create case notes, treatment, and prevention plans.
- Demonstrate counseling interventions, skills, and theory.
- Examine case management philosophy and tools.
- Explain crisis intervention and prevention strategies.
- Design and deliver psychoeducational curriculum.
- Recognize the need to coordinate services through referral.
- Report and consult with other professionals.

ADDITIONAL NOTES:

PURPOSE: The Alcohol and Drug Counseling Associate Degree prepares graduates for licensure with the Minnesota Board of Behavioral Health and Therapy (MNBBHT) as a Temporary Alcohol and Drug Counselor (ADC- T). The Alcohol and Drug Counseling Associate Degree is designed for students who have a high school diploma, want to learn more about chemical dependency issues, want to work as an ADC-T, and who want to complete a bachelor's degree at a university within the next 5 years. While in this program, students gain valuable classroom knowledge in 12 core areas of addiction counseling theory, practice, and skill development. Through the required practicum placements in a licensed chemical dependency facility student's gain valuable and necessary practical experience under the supervision of a Licensed Alcohol & Drug Counselor or other qualified professional.

The Alcohol and Drug Counseling Associate Degree does not license a student as a temporary alcohol and drug counselor. However, students who complete the Alcohol and Drug Counseling Associate Degree can apply for licensure as a temporary drug counselor (ADC-T) through the Minnesota Board of Behavioral Health & Therapy. If the licensing board approves your application

RCTC PROGRAM PLAN

as a temporary drug counselor, students can work as a temporary drug counselor for roughly 6 years (or 5 annual renewal periods) while they complete a bachelor's degree.

ALCOHOL & DRUG COUNSELING CERTIFICATE ADMISSION CRITERIA:

Currently all but two of the Human Service (HS) Alcohol and Drug Counseling (ADC) classes are open to any enrolled RCTC students. The two HS ADC classes that are not open to all RCTC students are the clinical practicums (HS 1770: Alcohol and Drug Counseling Practicum I & HS 1780: Alcohol and Drug Counseling Practicum II). Students interested in accessing the clinical practicums must pass a background study, get instructor permission, declare alcohol and drug counseling as a major, and have all class pre-requisites met.

Notice of Minnesota Background Check Requirement

Minnesota Statute 245C requires that students who have contact with individuals in licensed institutions complete an annual background study with the Minnesota Department of Human Services. Individuals who do not pass the background check will not be allowed to participate in clinical activities. A list of disqualifying offences is available at:

<https://www.revisor.mn.gov/statutes?id=245C.15>. Information about completing the background study will be available from program faculty.

*Must complete the Criminal Background study required by the Minnesota Department of Human Services and qualify for direct client contact prior to enrollment in HS 1770 and HS 1780.

Revised: 05/11/2021

Implementation: Fall 2021