

RCTC PROGRAM PLAN

ALCOHOL AND DRUG COUNSELING

Certificate

I. PROGRAM CORE REQUIREMENTS.....22 CREDITS

- HS 1710, Foundations of Alcohol and Drug Counseling, 3 cr
- HS 1720, Co-Occurring Disorders, 3 cr
- HS 1730, Screening and Assessment of Disorders, 2 cr
- HS 1740, Pharmacology of Addiction, 2 cr
- HS 1750, Case Management and Ethics, 3 cr
- HS 1760, Multicultural Aspects of Addiction, 3 cr
- HS 1770, Alcohol and Drug Counseling Practicum I*, 3 cr
- HS 1780, Alcohol and Drug Counseling Practicum II*, 3 cr

II. PROGRAM CORE ELECTIVE REQUIREMENTS.....4 CREDITS

Choose a total of 4 credits from the following courses:

- HS 1765, Counseling Theory and Practice, 3 cr
- HS 1781, Crisis Intervention and Prevention, 3 cr
- HS 1782, Addiction, Society, and the Justice System, 1 cr
- HS 1783, At-Risk Children, Youth and their Families, 3 cr
- HS 1785, Overview of Applied Behavioral Analysis, 1 cr

TOTAL.....26 CREDITS

PROGRAM OUTCOMES:

Upon completion of the Alcohol and Drug Counseling program at RCTC, students will achieve the following outcomes:

- Analyze ecological aspects of addiction.
- Evaluate psychopharmacological features of addiction.
- Recognize ethical and legal issues influencing counseling practice.
- Exhibit professional standards of counseling practice.
- Examine how diversity influences case conception.
- Recognize co-occurring conditions that influence case conception.
- Examine intake, screening, and orientation protocol.
- Prepare a comprehensive chemical dependency assessment.
- Create case notes, treatment, and prevention plans.
- Demonstrate counseling interventions, skills, and theory.
- Examine case management philosophy and tools.
- Explain crisis intervention and prevention strategies.
- Design and deliver psychoeducational curriculum.
- Recognize the need to coordinate services through referral.
- Report and consult with other professionals.

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ADDITIONAL NOTES:

PURPOSE: The Alcohol and Drug Counseling Certificate prepares graduates for licensure with the Minnesota Board of Behavioral Health & Therapy (MNBBHT) as a Temporary Alcohol and Drug Counselor (ADC-T) or Licensed Alcohol and Drug counselors (LADC). The Alcohol and Drug Counseling Certificate is designed for students who have an associate degree (or higher), want to learn more about chemical dependency issues, and who desire a career working with chemically dependent people. Students in this program, will gain valuable classroom knowledge in 12 core areas of addiction counseling theory, practice, and skill development. Through the required practicum placements in a licensed chemical dependency facility student's gain valuable and necessary practical experience under the supervision of a Licensed Alcohol & Drug Counselor or other qualified professional.

The Alcohol and Drug Counseling Certificate does not license a student as an alcohol and drug counselor. However, students who complete the Alcohol and Drug Counseling Certificate and have already completed an associate degree can apply for licensure as a temporary drug counselor (ADC-T) through the Minnesota Board of Behavioral Health Therapy (MNBBHT). If the licensing board approves your application as a temporary drug counselor, students can work as a temporary drug counselor for roughly 6 years (or 5 annual renewal periods) while they complete a bachelor's degree. Students who complete the Alcohol and Drug Counseling Certificate and hold a bachelor's degree (or higher) and pass the national exam can apply for a drug counseling license (LADC) through the licensing board (MNBBHT).

ALCOHOL & DRUG COUNSELING CERTIFICATE ADMISSION CRITERIA:

Currently all but two of the Human Service (HS) Alcohol and Drug Counseling (ADC) classes are open to any enrolled RCTC students. The two HS ADC classes that are not open to all RCTC students are the clinical practicums (HS 1770: Alcohol and Drug Counseling Practicum I & HS 1780: Alcohol and Drug Counseling Practicum II). Students interested in accessing the clinical practicums must pass a background study, get instructor permission, declare alcohol and drug counseling as a major, and have all class pre-requisites met.

*The Alcohol and Drug Counseling Certificate should only be declared by students who have already completed an associate degree (or higher) from a college or university.

*Must complete the Criminal Background study required by the Minnesota Department of Human Services and qualify for direct client contact prior to enrollment in HS 1770 and HS 1780.

Notice of Minnesota Background Check Requirement

Minnesota Statute 245C requires that students who have contact with individuals in licensed institutions complete an annual background study with the Minnesota Department of Human Services. Individuals who do not pass the background check will not be allowed to participate in clinical activities. A list of disqualifying offences is available at:

<https://www.revisor.mn.gov/statutes/cite/245C.15>. Information about completing the background study will be available from program faculty.

Revised: 05/11/2021

Implementation: Fall 2021