## **ALCOHOL & DRUG COUNSELING AS**

**Purpose:** The Alcohol and Drug Counseling Associate Degree prepares graduates for licensure with the Minnesota Board of Behavioral Health and Therapy (MNBBHT) as a Temporary Alcohol and Drug Counselor (ADC-T). The Alcohol and Drug Counseling Associate Degree is designed for students who have a high school diploma, want to learn more about chemical dependency issues, want to work as an ADC-T, and who want to complete a bachelor's degree at a university within the next 5 years. While in this program, students gain valuable classroom knowledge in 12 core areas of addiction counseling theory, practice, and skill development. Through the required practicum placements in a licensed chemical dependency facility student's gain valuable and necessary practical experience under the supervision of a Licensed Alcohol & Drug Counselor or other qualified professional.

The Alcohol and Drug Counseling Associate Degree does not license a student as a temporary alcohol and drug counselor. However, students who complete the Alcohol and Drug Counseling Associate Degree can apply for licensure as a temporary drug counselor (ADC-T) through the Minnesota Board of Behavioral Health & Therapy. If the licensing board approves your application as a temporary drug counselor, students can work as a temporary drug counselor for roughly 6 years (or 5 annual renewal periods) while they complete a bachelor's degree.

## **Award**

Alcohol & Drug Counseling AS	60 credits total
Program Requirements	26 credits
MnTC General Education Requirements	34 credits

RECOMMENDED FULL-TIME COURSE SEQUENCE (Fall Start)  Note: Not all courses are scheduled every semester. See www.rctc.edu for additional course and program information.			
Semester 1 (Fall)		Semester 2 (Spring)	
ENGL 1117: Reading and Writing Critically I	4 cr	BIOL 1110: Human Biology	4 cr
SOC 1614: Introduction to Sociology	3 cr	COMM 1114: Fundamentals of Public Speaking	3 cr
HS 1710: Foundations of Alcohol & Drug	3 cr	PSYC 2618: General Psychology	4 cr
Counseling		HS 1730: Screening and Assessment of Disorders	2 cr
HS 1720: Co-occurring Disorders (Fall Only)	3 cr	(Spring Only)	
HS 1781: Crisis Intervention & Prevention (Fall	3 cr	HS 1750: Case Management and Ethics	3 cr
Only)			
Total Credits	16	Total Credits	16
Semester 3 (Fall)		Semester 4 (Spring)	
COMM 1130: Interpersonal Communication	3 cr		_
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MATH 1090 Statway Statistics II <b>or</b>	4 cr	MnTC Goal 8, 9, or 10 MnTC Goal 6	3 cr 3 cr
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MATH 1090 Statway Statistics II or		MnTC Goal 6	3 cr
MATH 1090 Statway Statistics II <b>or</b> MATH 2208: Fundamentals of Statistics	4 cr	MnTC Goal 6 HS 1740: Pharmacology of Addiction	3 cr 2 cr
MATH 1090 Statway Statistics II <b>or</b> MATH 2208: Fundamentals of Statistics PSYC 2626 Human Growth or Development	4 cr 3 cr	MnTC Goal 6 HS 1740: Pharmacology of Addiction HS 1780: Alcohol & Drug Counseling Practicum II	3 cr 2 cr 3 cr
MATH 1090 Statway Statistics II <b>or</b> MATH 2208: Fundamentals of Statistics PSYC 2626 Human Growth or Development HS 1760: Multicultural Aspects of Addiction (Fall	4 cr 3 cr	MnTC Goal 6 HS 1740: Pharmacology of Addiction HS 1780: Alcohol & Drug Counseling Practicum II HS 1782: Addiction Society & Justice System	3 cr 2 cr 3 cr

RECOMMENDED FULL-TIME COURSE SEQUENCE (Spring Start)  Note: Not all courses are scheduled every semester. See www.rctc.edu for additional course and program information.			
Semester 1 (Spring)		Semester 2 (Fall)	
ENGL 1117: Reading and Writing Critically I	4 cr	BIOL 1110: Human Biology	4 cr
PSYC 2618: General Psychology	4 cr	COMM 1114: Fundamentals of Public Speaking	3 cr
HS 1710: Foundations of Alcohol & Drug	3 cr	SOC 1614: Introduction to Sociology	3 cr
Counseling		HS 1720: Co-occurring Disorders (Fall Only)	3 cr

1730: Screening and Assessment of Disorders	2 cr	HS 1750: Case Management and Ethics	3 cr
(Spring Only)			
HS 1740: Pharmacology of Addiction	2 cr		
HS 1782: Addiction Society & Justice System	1 cr		
(Spring Only)		Total Credits	16
Total Credits	16		
Semester 3 (Spring)		Semester 4 (Fall)	
COMM 1130: Interpersonal Communication	3 cr	MnTC Goal 8, 9, or 10	3 cr
MATH 1090 Statway Statistics II or	4 cr	MnTC Goal 6	3 cr
MATH 2208: Fundamentals of Statistics		HS 1760: Multicultural Aspects of Addiction (Fall	3 cr
PSYC 2626 Human Growth or Development	3 cr	Only)	
HS 1765: Counseling Theory and Practice (Spring	3 cr	HS 1780: Alcohol & Drug Counseling Practicum II	3 cr
Only) <b>or</b> HS 1783: At-Risk Children, Youth, and			
Their Families (Spring Only)			
HS 1770: Alcohol & Drug Counseling Practicum I	3 cr		
Total Credits	16	Total Credits	12

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RECOMMENDED PART-TIME COURSE	<b>SEQUE</b>	NCE (Fall Start Date)	
Note: Not all courses are scheduled every semester. See	www.rctc.e	edu for additional course and program information.	
Semester 1- (Fall)		Semester 2 – (Spring)	
ENGL 1117: Reading and Writing Critically I	4 cr	COMM 1114: Fundamentals of Public Speaking	3 cr
SOC 1614: Introduction to Sociology	3 cr	PSYC 2618: General Psychology	4 cr
HS 1785: Overview of Applied Behavioral	1 cr		
Analysis (Fall Only)			
Total Credits	8	Total Credits	7
Semester 3 – (Fall)		Semester 4 – (Spring)	
PSYC 2626 Human Growth or Development	3 cr	MnTC Goal 6	3 cr
HS 1720: Co-occurring Disorders (Fall Only)	3 cr	HS 1730: Screening and Assessment of Disorders	2 cr
HS 1750: Case Management and Ethics	3 cr	(Spring Only)	
		HS 1710: Foundations of Alcohol & Drug	3 cr
		Counseling	
Total Credits	9	Total Credits	8
Semester 5 – (Fall)		Semester 6 – (Spring)	
MATH 2208: Fundamentals of Statistics or	4 cr	BIOL 1110: Human Biology	4 cr
MATH 1090 Statway Statistics II		HS 1765: Counseling Theory and Practice (Spring	3 cr
HS 1740: Pharmacology of Addiction	2 cr	Only) or HS 1783: At-Risk Children, Youth, and	
		Their Families (Spring Only)	
Total Credits	6	Total Credits	7
Semester 7 – (Fall)		Semester 8 – (Spring)	
COMM 1130: Interpersonal Communication	3 cr	MnTC Goal 8, 9, or 10	3 cr
HS 1760: Multicultural Aspects of Addiction (Fall	3 cr	HS 1780: Alcohol & Drug Counseling Practicum II	3 cr
Only)			
HS 1770: Alcohol & Drug Counseling Practicum I	3 cr		
Total Credits	9	Total Credits	6

RECOMMENDED PART-TIME COURSE SEQUENCE (Spring Start)			
Note: Not all courses are scheduled every semester. See www.rctc.edu for additional course and program information.			
Semester 1- (Spring)		Semester 2 – (Fall)	
ENGL 1117: Reading and Writing Critically I	4 cr	COMM 1114: Fundamentals of Public Speaking	3 cr
SOC 1614: Introduction to Sociology	3 cr	PSYC 2618: General Psychology	4 cr
HS 1782: Addiction, Society, and Justice System	1 cr		
(Spring Only)			
Total Credits	8	Total Credits	7

Semester 3 – (Spring)		Semester 4 – (Fall)	
PSYC 2626 Human Growth or Development	3 cr	MnTC Goal 6	3 cr
HS 1730: Screening and Assessment of Disorders	2 cr	HS: 1720: Co-occurring Disorders (Fall Only)	3 cr
(Spring Only)		HS 1710: Foundations of Alcohol and Drug	3 cr
HS 1750: Case Management and Ethics	3 cr	Counseling	
Total Credits	8	Total Credits	9
Semester 5 – (Spring)		Semester 6 – (Fall)	
MATH 2208: Fundamentals of Statistics or	4 cr	BIOL 1110: Human Biology	4 cr
MATH 1090 Statway Statistics II		HS 1740: Pharmacology of Addiction	2 cr
HS 1765: Counseling Theory and Practice (Spring	3 cr		
Only) or HS 1783: At-Risk Children, Youth, and			
Their Families (Spring Only)			
Total Credits	7	Total Credits	6
Semester 7 – (Spring)		Semester 8 – (Fall)	
COMM 1130: Interpersonal Communication	3 cr	HS 1760: Multicultural Aspects of Addiction (Fall	3 cr
MnTC Goal 8, 9, or 10	3 cr	Only)	
HS 1770: Alcohol & Drug Counseling Practicum I	3 cr	HS 1780: Alcohol & Drug Counseling Practicum II	3 cr
Total Credits	9	Total Credits	6



