

# STUDENT JOB DESCRIPTION

POSITION TITLE: Baseball Student Coach and/or Student Strength and Conditioning Coach

WORK AREA: Sports Center – Fieldhouse/Bubble-Football Field

ARFA HOURS: 15-20 Hours Per Week

# JOB RESPONSIBILITES, DUTIES:

This is a specialized student position ideal for an individual who is certified—or actively pursuing certification in Strength and Conditioning, Yoga, Pilates, or a related area.

The successful candidate will assist in implementing and managing performance and conditioning programs, tracking athlete progress, and recording results of physical assessments and tests.

This role works closely with the Head Baseball Coach and the Head Athletic Trainer, serving as a liaison to ensure alignment between coaching and training staff.

## ADDITIONAL RESPONSIBILITIES INCLUDE:

- Assisting in the design and supervision of team workouts
- Tracking and maintaining player health forms
- Monitoring player participation and time commitment
- Supporting overall team wellness and injury prevention efforts

This position allows for up to 20 hours of work per week during the academic year.

#### PERFORMANCE EXPECTATIONS/CONDUCT:

Student workers are expected to:

- Be punctual and reliable for all scheduled shifts.
- Record all work hours daily in eTime via e-Services: <a href="https://www.rctc.edu/eservices/">https://www.rctc.edu/eservices/</a>
- Adhere to RCTC's values and mission, maintaining professionalism in all communication.
- Demonstrate a welcoming, helpful, and attentive attitude in all interactions.
- Exhibit dependability, motivation, organization, assertiveness, courtesy, and responsibility.
- Maintain a clean and organized work environment.
- Take the initiative and stay aware of the needs of staff and visitors.
- Limit use of personal devices during work hours; avoid personal calls, texting, or using social media.
- Refrain from inviting friends or visitors during your scheduled shift.
- Dress appropriately for a professional office setting.
- Notify your supervisor or lead worker in advance of any schedule changes.

## Additional Notes:

- Payroll forms must be submitted before access to eTime is granted.
- Students are entitled to a 15-minute paid break for every four consecutive hours worked.





# NUMBER OF STUDENT'S NEEDED: (Assume 10-15 hours per student.)

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Academic Year 1-2	Summer (June-August) If available
TYPICAL WORK HOURS:	⊠Daytime □Evening □Weekends
PERFORMANCE REVIEW: Students are eligible for a wage increase after they have worked 200 hours and based on a performance evaluation. The area supervisor will assess the student employee's performance, work attendance and attitude as it relates to the job tasks, RCTC values, service attributes, core outcomes, and interaction with students, staff, and visitors.	
TO INTERVIEW FOR THIS POSITION, CONTACT:	
Contact Person: Clark Jones	

Phone: 507-271-4520 Cell

Email Address: clark.jones@rctc.edu

Location: Sports Center – 2<sup>nd</sup> Floor



