ROCHESTER COMMUNITY AND TECHNICAL COLLEGE COMMON COURSE OUTLINE

Course discipline/number/title: CHW 1000: Community Health Worker: Role Advocacy and Outreach

A. CATALOG DESCRIPTION
1. Credits: 3
2. Hours/Week: 3
3. Prerequisites (Course discipline/number): Appropriate RCTC test score for placement in READ 0900.
4. MnTC Goals (if any): NA

This course will provide the introduction and foundation for the Community Health worker. The course focuses on the Community Health Worker's personal safety, self-care and personal wellness and on the promotion of health and disease prevention for clients. This course will allow the diverse student an entry level opportunity to act as a culture broker between their own community & the systems of care.

B. DATE LAST REVISED (Month, year): November, 2011

C. OUTLINE OF MAJOR CONTENT AREAS:
1. Provide definition and universal components of the Community Health Worker Role
   a) Scope of role
   b) Limits of role
   c) Role boundaries

2. What constitutes an Emergency
   a) Accessing emergency services
   b) Dealing with conflict-agency policy vs. client preference
   c) Ethical & legal issues related to 9-1-1
   d) Cultural implication

3. Potentially dangerous situations in CHW role and safety strategies
   a) Personal safety strategies
   b) Universal Precautions
   c) Personal Safely plan

4. Identify strategies for staying healthy
   a) Identify and recognize signs of stress
   b) Identify and apply copies strategies to manage stress
   c) Develop a self-care and personal wellness plan
   d) Identify established health care routines to stay healthy
   e) Knowing when to ask for help

5. Distinguish between formal planning and community outreach
   a) Define outreach
   b) Identify ways to connect with others within the community
   c) Discuss steps to planning an event
   d) Discuss ways to evaluate the event

D. LEARNING OUTCOMES (GENERAL): The student will be able to:
1. Explain the limits of the CHW role.
2. Use emergency preparedness (9-1-1) when needed
3. Demonstrate personal safety.
4. Practice self-care and personal wellness and knows when to ask for help.
5. Use outreach strategies.
6. Work as a liaison between provider and client and the client and agencies.
7. Advocate for individual and community needs by speaking up.

E. LEARNING OUTCOMES (MNTC): NA

F. METHODS FOR EVALUATION OF STUDENT LEARNING:
1. Discussion
2. Role Play
3. Quizzes
4. Papers

G. RCTC CORE OUTCOME(S) ADDRESSED:

☒ Communication
☒ Critical Thinking
☐ Global Awareness/Diversity
☐ Personal/Professional Accountability

H. SPECIAL INFORMATION (if any): None